1

00:00:00,120 --> 00:00:02,000

- Well with that, welcome everybody.

2

00:00:02,000 --> 00:00:04,760

Thank you all so much

for joining us today.

3

00:00:04,760 --> 00:00:06,520

My name is Shaylin Sluzalis.

4

00:00:06,520 --> 00:00:09,480

I'm a Co-Executive

Director of The Partnership

5

00:00:09,480 --> 00:00:12,440

for Inclusive Disaster Strategies.

6

00:00:12,440 --> 00:00:15,600

We also go by the name

"The Partnership" in short,

7

00:00:15,600 --> 00:00:18,160

and we are excited to be

joining you all again today

8

00:00:18,160 --> 00:00:19,840

for another training.

9

00:00:19,840 --> 00:00:23,480

And today's topic is on

Personal Disaster Preparedness

10

00:00:23,480 --> 00:00:25,040

for Disabled People.

11

00:00:25,040 --> 00:00:27,880

And on the screen we have

The Partnership's logo,

12

00:00:27,880 --> 00:00:32,280

which has a sun with four

icons within it of a hurricane,

13

00:00:32,280 --> 00:00:36,720

a thunderstorm cloud, a house

with a break in the middle,

14

00:00:36,720 --> 00:00:39,680

and a tornado with the

words, "The Partnership

15

00:00:39,680 --> 00:00:43,560

for Inclusive Disaster Strategies"

to the right of the sun.

16

00:00:43,560 --> 00:00:45,840

And we also have our

website at the bottom,

17

00:00:45,840 --> 00:00:50,840

which is www.disasterstrategies.org.

18

00:00:51,360 --> 00:00:52,520

Next slide please.

19

00:00:55,440 --> 00:00:58,640

A few reminders as we

go through accessibility

20

00:00:58,640 --> 00:01:01,880

for today's presentation

and some friendly reminders

21

00:01:01,880 --> 00:01:05,480

for participating in today's training.

22

00:01:05,480 --> 00:01:07,640

This training is being recorded

23

00:01:07,640 --> 00:01:10,600

and an archive of the

presentation will be available

24

00:01:10,600 --> 00:01:11,960

in the weeks to come.

25

00:01:11,960 --> 00:01:15,640

So please be on the lookout

for that from CIL of Gulf Coast

26

00:01:15,640 --> 00:01:18,440

as they will distribute

that when it's ready.

27

00:01:18,440 --> 00:01:21,400

You will also receive

an accessible slide deck

28

00:01:21,400 --> 00:01:23,480

of the presentation used today

29

00:01:23,480 --> 00:01:25,560

with that material from the training.

30

00:01:26,520 --> 00:01:31,520

And for accessibility, we do

have AI captions through Zoom

31

00:01:31,720 --> 00:01:34,120

for folks that are joining us online.

32

00:01:34,120 --> 00:01:37,120

And you can click the

bottom of your Zoom screen,

33

00:01:37,120 --> 00:01:40,280

the CC icon to start those captions.

34

00:01:41,360 --> 00:01:44,200

You have any technical support

needed for folks in Zoom,

35

00:01:44,200 --> 00:01:46,280

please let us know in the chat,

36

00:01:46,280 --> 00:01:49,920

raise your hand or get

off mute and let us know.

37

00:01:51,160 --> 00:01:54,760

We also have ASL interpreters

spotlighted today.

38

00:01:54,760 --> 00:01:56,400

Apologies, next slide please.

39

00:02:00,160 --> 00:02:03,240

And they are Candace

and Sandra for everyone,

40

00:02:03,240 --> 00:02:05,000

and you should be able to see them.

41

00:02:05,000 --> 00:02:08,240

And if you'd like to adjust

the size of your slides

42

00:02:08,240 --> 00:02:12,000

and speakers in the Zoom,

for folks that are online,

43

00:02:12,000 --> 00:02:13,680

you can drag the divider

44

00:02:13,680 --> 00:02:18,000

that is inside the red vertical

rectangle in the screenshot

45

00:02:18,000 --> 00:02:22,120

on the screen to the right, that appears

46

00:02:22,120 --> 00:02:24,920

or that, I'm sorry, that

separates the speakers

47

00:02:24,920 --> 00:02:26,680

and interpreters from the slide.

48

00:02:26,680 --> 00:02:29,080

So you can adjust that

divider from right to left

49

00:02:29,080 --> 00:02:30,840

to make the slides either smaller

50

00:02:30,840 --> 00:02:34,560

and the Zoom speakers

larger or vice versa.

51

00:02:34,560 --> 00:02:35,640

Next slide please.

52

00:02:37,200 --> 00:02:40,080

And some additional reminders

for this presentation

53

00:02:40,080 --> 00:02:42,120

and participating with us today.

54

00:02:42,120 --> 00:02:45,040

If you were here last week,

we really encourage questions

55

00:02:45,040 --> 00:02:47,840

and participation, so

please keep them coming.

56

00:02:47,840 --> 00:02:50,640

And to ask or respond to questions,

57

00:02:50,640 --> 00:02:52,720

if you are joining us in Zoom,

58

00:02:52,720 --> 00:02:54,960

you can use the raise your hand button,

59

00:02:54,960 --> 00:02:59,560

type in chat, or unmute and

talk at appropriate times.

60

00:02:59,560 --> 00:03:00,800

For folks in the room,

61

00:03:00,800 --> 00:03:03,160

feel free to let us know

when you have a question

62

00:03:03,160 --> 00:03:06,160

and there will be staff in the space

63

00:03:06,160 --> 00:03:08,360

to help us make sure we

can hear each other clearly

64

00:03:08,360 --> 00:03:11,680

and get questions addressed.

65

00:03:11,680 --> 00:03:13,440

And for any technical assistance

66

00:03:13,440 --> 00:03:16,160

or to alert us to any

issues, please don't hesitate

67

00:03:16,160 --> 00:03:19,080

to let us know either in

chat, raise your hand,

68

00:03:19,080 --> 00:03:22,720

come off mute, and we

will be here to support.

69

00:03:22,720 --> 00:03:24,680

And if you're joining us online

70

00:03:24,680 --> 00:03:26,920

and if chat is not accessible to you,

71

00:03:26,920 --> 00:03:28,440

you can email your questions

72

00:03:28,440 --> 00:03:33,120

to Shari at shari@disasterstrategies.org.

73

00:03:34,240 --> 00:03:35,280

Next slide please.

74

00:03:37,600 --> 00:03:39,240

Some additional friendly reminders

75

00:03:39,240 --> 00:03:42,320

as we are engaging in discussion together.

76

00:03:42,320 --> 00:03:43,320

When you are speaking,

77

00:03:43,320 --> 00:03:46,440

please try to identify

yourself before speaking.

78

00:03:46,440 --> 00:03:48,560

An example of this is, this is Shaylin,

79

00:03:48,560 --> 00:03:51,560

and continuing on with your comment.

80

00:03:51,560 --> 00:03:54,240

Please avoid speaking

while others are speaking.

81

00:03:55,160 --> 00:03:56,640

If you are joining us on Zoom,

82

00:03:56,640 --> 00:03:59,800

please keep yourself on

mute when not talking.

83

00:03:59,800 --> 00:04:03,040

And if we need any support,

we're happy to help with that.

84

00:04:03,040 --> 00:04:06,240

And please define any

acronyms you may use,

85

00:04:06,240 --> 00:04:09,080

spelling out those

acronyms so we can all know

86

00:04:09,080 --> 00:04:12,000

what each other is saying

and being on the same page.

87

00:04:13,120 --> 00:04:16,120

And with that I'm gonna pass

it over to your trainers today,

88

00:04:16,120 --> 00:04:19,720

Melissa Marshall and Shari

Myers to get us started.

89

00:04:19,720 --> 00:04:20,640

So off to you two.

90

00:04:21,760 --> 00:04:24,000

- If I could, just before that,

91

00:04:24,000 --> 00:04:25,920

I would like to also add, Shaylin,

92

00:04:25,920 --> 00:04:30,640

the Emergency Access

in the event of a fire

93

00:04:30,640 --> 00:04:32,480

are obviously this door here,

94

00:04:32,480 --> 00:04:34,640

you would make a right and go out.

95

00:04:34,640 --> 00:04:37,760

This door here, you

could go immediately out,

96

00:04:37,760 --> 00:04:39,360

or go through this office

97

00:04:39,360 --> 00:04:41,160

and go out in which you came through.

98

00:04:41,160 --> 00:04:44,280

So just wanted to give those

friendly safety reminders

99

00:04:44,280 --> 00:04:46,560

in the event of an emergency, Ken?

100

00:04:46,560 --> 00:04:50,280

- Also a reminder to please

mute your cell phones,

101

00:04:50,280 --> 00:04:52,920

so they're not ringing during

the presentation, okay?

102

00:04:53,840 --> 00:04:56,120

- And now I do believe we are ready

103

00:04:56,120 --> 00:04:58,320

for our wonderful speakers to begin.

104

00:04:58,320 --> 00:05:01,200

Thank you so much for the

introduction, Shaylin,

105

00:05:01,200 --> 00:05:04,560

and thank you all who are

being here and presenting.

106

00:05:04,560 --> 00:05:05,920

- Thank you.

107

00:05:05,920 --> 00:05:08,120

- Thank you so much, I'm Melissa Marshall.

108

00:05:08,120 --> 00:05:10,320

And for those of you that

were with us last week,

109

00:05:10,320 --> 00:05:12,320

you'd know me from presenting last week.

110

00:05:12,320 --> 00:05:13,760

For those of you that don't know me,

111

00:05:13,760 --> 00:05:17,600

I am a white woman with

shoulder length gray hair.

112

00:05:17,600 --> 00:05:21,360

I have glasses, I'm a scooter

user with Cerebral Palsy.

113

00:05:21,360 --> 00:05:23,280

And just for your information,

114

00:05:23,280 --> 00:05:27,240

is that I'm a former Center for

Independent Living Director,

115

00:05:27,240 --> 00:05:29,080

many, many, many years ago.

116

00:05:29,080 --> 00:05:30,720

So I am thrilled to be here.

117

00:05:30,720 --> 00:05:33,360

Centers for Independent Living

are near and dear to my heart

118

00:05:33,360 --> 00:05:35,280

and we're gonna have a good time today.

119

00:05:35,280 --> 00:05:36,520

So thank you for being here

120

00:05:36,520 --> 00:05:39,760

and thank you Shari Myers,

who's the director of response

121

00:05:39,760 --> 00:05:41,040

for The Partnership for joining us.

122

00:05:41,040 --> 00:05:43,000

And I think I said I'm

the Director of Policy

123

00:05:43,000 --> 00:05:45,800

and Programs for The Partnership,

if you didn't catch that.

124

00:05:45,800 --> 00:05:46,720

Next slide please.

125

00:05:49,640 --> 00:05:52,120

So those are just a few...

126

00:05:52,120 --> 00:05:54,280

- Just, if you don't mind slowing down

127

00:05:54,280 --> 00:05:55,920

just a little bit.

128

00:05:55,920 --> 00:05:59,560

- Thank you, I will focus on slowing down

129

00:05:59,560 --> 00:06:02,880

and I thank the

interpreters or anyone else.

130

00:06:02,880 --> 00:06:04,400

You're not the first interpreter

131

00:06:04,400 --> 00:06:06,920

or the first non interpreter

to ask me to slow down

132

00:06:06,920 --> 00:06:08,320

so I don't take it personally.

133

00:06:08,320 --> 00:06:11,840

So I will do my best and please jump in.

134

00:06:12,840 --> 00:06:17,440

So, Partnership for

Inclusive Disaster Strategies

135

00:06:17,440 --> 00:06:22,320

is the only disability-led,

US-based organization

136

00:06:22,320 --> 00:06:23,880

with a focused mission on

137

00:06:23,880 --> 00:06:26,280

equity for people with disabilities

138

00:06:26,280 --> 00:06:29,160

and people with access

and functional needs,

139

00:06:29,160 --> 00:06:33,320

throughout all planning programs,

services, and procedures,

140

00:06:33,320 --> 00:06:37,440

before, during, and after

disasters and emergencies.

141

00:06:37,440 --> 00:06:40,240

We'd like you to look at us as

your disability disaster hub.

142

00:06:40,240 --> 00:06:43,160

So with that in mind, and

we'll have our phone numbers

143

00:06:43,160 --> 00:06:44,240

and all of those things there.

144

00:06:44,240 --> 00:06:47,400

But think of us as your

disability and disaster hub.

145

00:06:47,400 --> 00:06:48,200

Next please.

146

00:06:49,360 --> 00:06:51,440

We're gonna have some

agreements and goals.

147

00:06:51,440 --> 00:06:53,640

Next, we'll take a look at those.

148

00:06:53,640 --> 00:06:56,040

Now, these aren't big

complicated agreements.

149

00:06:56,040 --> 00:06:57,680

I'm a lawyer, but these aren't contracts,

150

00:06:57,680 --> 00:06:58,520

these aren't binding.

151

00:06:58,520 --> 00:07:02,720

These are just some things

we all wanna agree upon.

152

00:07:02,720 --> 00:07:06,120

Keep confidentiality,

don't use somebody's name,

153

00:07:06,120 --> 00:07:09,960

or where they live, or anything

real specific about them.

154

00:07:09,960 --> 00:07:13,920

Just don't use that, okay?

155

00:07:13,920 --> 00:07:17,040

Important agreement, ask questions.

156

00:07:17,040 --> 00:07:17,880

If you have a question,

157

00:07:17,880 --> 00:07:19,520

somebody else probably

has the same question,

158

00:07:19,520 --> 00:07:22,240

or it might occur to them later in the car

159

00:07:22,240 --> 00:07:23,080

when they're going home

160

00:07:23,080 --> 00:07:24,760

or in the bus when they're going home.

161

00:07:24,760 --> 00:07:27,520

Ask your questions,

please, please, please.

162

00:07:27,520 --> 00:07:28,760

And you won't throw me off.

163

00:07:28,760 --> 00:07:31,200

I might say we're gonna

get to that in a minute.

164

00:07:31,200 --> 00:07:34,240

I might say we're gonna

get to that by the end.

165

00:07:34,240 --> 00:07:36,720

I might say we're gonna have

to talk offline about that

166

00:07:36,720 --> 00:07:38,200

'cause that's a big, big topic.

167

00:07:38,200 --> 00:07:39,920

So there's lots of ways I

can answer your questions,

168

00:07:39,920 --> 00:07:42,160

but we will answer your questions.

169

00:07:42,160 --> 00:07:46,640

The third most important

agreement is to have fun,

170

00:07:46,640 --> 00:07:49,160

people learn better

when they're having fun.

171

00:07:49,160 --> 00:07:50,640

And for people that were here last time,

172

00:07:50,640 --> 00:07:53,920

you know I have virtual

fabulous prizes with me.

173

00:07:53,920 --> 00:07:55,360

If I was doing a training in person,

174

00:07:55,360 --> 00:07:57,120

I'd give you actual fabulous prizes,

175

00:07:57,120 --> 00:07:58,760

which are small prizes you might get

176

00:07:58,760 --> 00:08:00,560

at a kid's birthday party.

177

00:08:00,560 --> 00:08:03,040

But you'll get imaginary fabulous prize.

178

00:08:03,040 --> 00:08:05,760

For people that answer

questions not correctly,

179

00:08:05,760 --> 00:08:08,720

but for being the brave

person to answer a question

180

00:08:08,720 --> 00:08:10,840

or people are brave

enough to ask a question.

181

00:08:10,840 --> 00:08:13,160

So keep all of that in mind.

182

00:08:13,160 --> 00:08:14,000

Next, please.

183

00:08:16,120 --> 00:08:18,800

Now, last week we talked

about disability rights.

184

00:08:18,800 --> 00:08:21,360

We're gonna do a quick

review of disability rights.

185

00:08:22,240 --> 00:08:24,960

And disability rights and disasters,

186

00:08:24,960 --> 00:08:26,760

we're gonna review these things quickly,

187

00:08:26,760 --> 00:08:28,560

see what they bring back to your mind

188

00:08:28,560 --> 00:08:30,480

and we can look at those later.

189

00:08:30,480 --> 00:08:32,360

But I just wanted to highlight them.

190

00:08:32,360 --> 00:08:34,480

And welcome back for the

people that came last week.

191

00:08:34,480 --> 00:08:37,360

And welcome here for the

people that weren't here.

192

00:08:37,360 --> 00:08:40,200

So in every disaster laid

programs and services

193

00:08:40,200 --> 00:08:43,160

are provided to the general public.

194

00:08:43,160 --> 00:08:44,200

They must be accessible

195

00:08:44,200 --> 00:08:47,640

to the general public with disabilities.

196

00:08:47,640 --> 00:08:50,240

Shelters can't say, "Oh,

you can't come in here

197

00:08:50,240 --> 00:08:51,240

'cause you have a disability."

198

00:08:51,240 --> 00:08:54,600

We hope that would never happen,

but it happens sometimes.

199

00:08:55,480 --> 00:08:58,040

You also have the right to structurally,

200

00:08:58,040 --> 00:09:02,880

physically accessible and

otherwise ADA-compliant shelters.

201

00:09:02,880 --> 00:09:06,240

That means they have to

have accessible bathrooms,

202

00:09:06,240 --> 00:09:09,320

accessible entrances, accessible exits.

203

00:09:09,320 --> 00:09:11,200

They also have to have some other things

204

00:09:11,200 --> 00:09:14,280

that I'm just gonna talk about

in a minute to be accessible.

205

00:09:14,280 --> 00:09:17,160

You have the right to equally

effective communication.

206

00:09:17,160 --> 00:09:18,800

A shelter in order to be accessible,

207

00:09:18,800 --> 00:09:21,680

has to provide people with

equally effective communication.

208

00:09:21,680 --> 00:09:23,080

What's that mean?

209

00:09:23,080 --> 00:09:25,480

Could be an ASL interpreter.

210

00:09:25,480 --> 00:09:28,720

Could be VRI, video remote interpreting.

211

00:09:28,720 --> 00:09:32,120

Could be having materials

in large print, in braille.

212

00:09:32,120 --> 00:09:36,000

And it could also be having materials

213

00:09:36,000 --> 00:09:38,080

that are screen reader compatible

214

00:09:38,080 --> 00:09:39,840

that are five way compliant.

215

00:09:39,840 --> 00:09:40,640

Next, please.

216

00:09:43,800 --> 00:09:46,160

You have the right to

ask how things are done

217

00:09:46,160 --> 00:09:48,840

and are changed, and change

how the things are done.

218

00:09:48,840 --> 00:09:50,280

That's called a reasonable modification

219

00:09:50,280 --> 00:09:51,800

of policies or practices.

220

00:09:52,920 --> 00:09:56,240

That might mean I need a diabetic diet,

221

00:09:56,240 --> 00:10:00,320

I want you to change the

regular diet to a diabetic diet

222

00:10:00,320 --> 00:10:01,440

or the diet everyone else has,

223

00:10:01,440 --> 00:10:03,880

I should say, to a diabetic diet.

224

00:10:03,880 --> 00:10:06,000

You have the right to bring

your service animal with you

225

00:10:06,000 --> 00:10:09,320

in a shelter or any places

providing disaster related

226

00:10:09,320 --> 00:10:10,800

programs and services.

227

00:10:11,960 --> 00:10:13,800

You have the right not

to go into a facility

228

00:10:13,800 --> 00:10:14,640

if you don't want to,

229

00:10:14,640 --> 00:10:17,320

or a nursing home if you don't want to.

230

00:10:17,320 --> 00:10:19,240

And please, please, please,

and remember this last time,

231

00:10:19,240 --> 00:10:21,480

and I was really excited

that you remembered this.

232

00:10:21,480 --> 00:10:23,400

Disability rights are what?

233

00:10:23,400 --> 00:10:25,840

Never suspended in disasters.

234

00:10:25,840 --> 00:10:27,320

So when are they suspended?

235

00:10:27,320 --> 00:10:30,320

Never suspended, including

during disasters.

236

00:10:33,640 --> 00:10:36,120

Next, please, oh, thank you Shari.

237

00:10:36,120 --> 00:10:39,880

So by the end of today, we

want you to have an overview

238

00:10:39,880 --> 00:10:42,480

and kind of shifting gears to

what you're learning today is,

239

00:10:42,480 --> 00:10:45,480

when to shelter in place

versus when you evacuate.

240

00:10:45,480 --> 00:10:47,560

If you're old enough to get

this, which you're probably not,

241

00:10:47,560 --> 00:10:49,120

should I stay or should I go?

242

00:10:50,200 --> 00:10:51,520

It's a song, Shari and I both had it

243

00:10:51,520 --> 00:10:54,000

going through our heads

when we write about this.

244

00:10:54,000 --> 00:10:57,640

What to include in your

shelter in place emergency kit,

245

00:10:57,640 --> 00:11:00,120

and what to include in

your evacuation go-bag,

246

00:11:00,120 --> 00:11:02,440

how to get ready for

disasters and emergencies.

247

00:11:04,800 --> 00:11:07,000

I am gonna turn it over to Shari Meyers,

248

00:11:07,000 --> 00:11:10,440

my wonderful colleague that

I love working with so much.

249

00:11:10,440 --> 00:11:11,520

Thank you Shari, and quickly,

250

00:11:11,520 --> 00:11:13,640

can I ask anyone have

any questions so far?

251

00:11:19,960 --> 00:11:24,960

Seeing no questions, Shari, take it away.

252

00:11:25,080 --> 00:11:28,560

- I'm here and I'm just going

to say I have not been able

253

00:11:28,560 --> 00:11:32,400

to figure out how to see

speaker notes on my tablet,

254

00:11:32,400 --> 00:11:35,440

so I'm going to be winging

it a little bit, Melissa,

255

00:11:35,440 --> 00:11:39,080

so please chime in if I miss something.

256

00:11:40,680 --> 00:11:43,800

- I'm not shy, everyone in

this room knows I'm not shy.

257

00:11:43,800 --> 00:11:44,840

- I know you're not.

258

00:11:45,920 --> 00:11:49,320

Okay, so what is a disaster?

259

00:11:49,320 --> 00:11:52,960

A disaster is an event that

could cause a lot of people

260

00:11:52,960 --> 00:11:54,880

to die or be injured.

261

00:11:55,920 --> 00:11:59,760

It may damage or destroy

buildings and homes,

262

00:11:59,760 --> 00:12:02,440

could make it really hard for

local and state government

263

00:12:02,440 --> 00:12:05,200

to respond to people's needs.

264

00:12:05,200 --> 00:12:08,440

It negatively affects the

economy for a long time,

265

00:12:08,440 --> 00:12:11,320

and or makes it very hard

for local governments

266

00:12:11,320 --> 00:12:14,080

and businesses to help out right away.

267

00:12:14,080 --> 00:12:18,120

They may lack resources,

they may not have capacity.

268

00:12:19,480 --> 00:12:22,320

All number of things can figure into that.

269

00:12:25,560 --> 00:12:28,920

I think a lot of us are familiar

270

00:12:28,920 --> 00:12:30,720

with common disasters in Florida,

271

00:12:30,720 --> 00:12:32,400

but we are going to go over them.

272

00:12:32,400 --> 00:12:37,000

There are severe storms

that could be thunderstorms,

273

00:12:37,000 --> 00:12:40,000

wind, and hail.

274

00:12:40,000 --> 00:12:44,560

Things where there's a

possibility for tornadoes,

275

00:12:44,560 --> 00:12:48,400

flooding, extreme heat.

276

00:12:48,400 --> 00:12:52,960

You all don't typically

have extreme cold events,

277

00:12:52,960 --> 00:12:57,040

but I know that you've had

some where temperatures

278

00:12:57,040 --> 00:13:00,680

over the winter were colder

than normally expected.

279

00:13:00,680 --> 00:13:04,600

So, I'll just throw that one in there too.

280

00:13:04,600 --> 00:13:09,600

Wildfires, also drought,

hurricanes and storm surge,

281

00:13:12,080 --> 00:13:15,000

tornadoes, and even landslides.

282

00:13:19,720 --> 00:13:21,680

How to get ready for disasters.

283

00:13:24,120 --> 00:13:28,400

So to be ready, you

need to know your risks,

284

00:13:28,400 --> 00:13:31,800

you need to know your rights,

and Melissa went over those.

285

00:13:31,800 --> 00:13:36,520

And very, very important

to understand fully

286

00:13:36,520 --> 00:13:40,440

that there is no

suspension of those rights

287

00:13:40,440 --> 00:13:43,520

for disasters or anything else.

288

00:13:43,520 --> 00:13:46,320

They are still applied

289

00:13:46,320 --> 00:13:50,480

and the people responding to

disasters are still required

290

00:13:50,480 --> 00:13:55,480

to comply and accommodate

our civil rights.

291

00:13:55,520 --> 00:13:59,600

Stay informed, and there are

a number of ways to do that,

292

00:13:59,600 --> 00:14:02,800

we'll go over those, and make a plan.

293

00:14:08,160 --> 00:14:12,520

So one thing you can do is

follow emergency alerts.

294

00:14:12,520 --> 00:14:17,200

These may be the ones that

pop up on your television

295

00:14:17,200 --> 00:14:22,200

where you may hear the loud

sound and the screen goes black

296

00:14:25,400 --> 00:14:30,360

for a second and then they

flash a text message basically,

297

00:14:30,360 --> 00:14:34,400

that will tell you either that it's a test

298

00:14:34,400 --> 00:14:36,840

or that it's an actual alert.

299

00:14:36,840 --> 00:14:41,160

You'll see the counties

that are being affected

300

00:14:41,160 --> 00:14:46,160

by that alert listed, and

oftentimes additional information

301

00:14:47,040 --> 00:14:51,360

that you may need in order to

decide what you need to do.

302

00:14:52,440 --> 00:14:55,440

You can also receive

emergency alerts on the radio

303

00:14:56,400 --> 00:14:59,320

and we're gonna talk about types of radios

304

00:14:59,320 --> 00:15:02,120

that you can depend on in an emergency,

305

00:15:02,120 --> 00:15:03,800

as long as they have batteries in them

306

00:15:03,800 --> 00:15:07,400

or you're able to hand crank them.

307

00:15:08,360 --> 00:15:10,360

You can also follow social media

308

00:15:10,360 --> 00:15:12,440

when you have access to the internet.

309

00:15:12,440 --> 00:15:17,440

Most, well, all emergency

management agencies, county,

310

00:15:17,680 --> 00:15:21,240

city, state, federal government,

311

00:15:21,240 --> 00:15:24,200

they all have social media accounts.

312

00:15:24,200 --> 00:15:29,200

You can follow them on X,

formerly Twitter, Facebook,

313

00:15:30,880 --> 00:15:33,040

any of those, Instagram,

314

00:15:33,040 --> 00:15:37,520

any of those social media

streams that you can follow.

315

00:15:37,520 --> 00:15:40,120

There are also wireless emergency alerts.

316

00:15:40,120 --> 00:15:44,400

And some of you may be

familiar with the test

317

00:15:44,400 --> 00:15:46,440

that was conducted last year

318

00:15:46,440 --> 00:15:48,520

on these wireless emergency alerts.

319

00:15:48,520 --> 00:15:50,440

We know they're not always accessible

320

00:15:50,440 --> 00:15:54,880

and there's a lot of work going

on to try to improve that,

321

00:15:54,880 --> 00:15:56,480

but those are the ones

that will come through

322

00:15:56,480 --> 00:15:57,920

on your phone or tablet.

323

00:15:59,160 --> 00:16:02,520

And again, if you have it activated,

324

00:16:02,520 --> 00:16:05,600

you may hear a really loud noise

325

00:16:05,600 --> 00:16:08,400

or it may present in another way

326

00:16:08,400 --> 00:16:11,320

so that it gets your attention.

327

00:16:12,720 --> 00:16:15,440

You can also download the FEMA app

328

00:16:15,440 --> 00:16:19,400

and these resources are

gonna be shared with you all

329

00:16:19,400 --> 00:16:22,200

at the end of the presentation.

330

00:16:22,200 --> 00:16:24,120

You can, with the FEMA app,

331

00:16:24,120 --> 00:16:28,920

you'll get alerts about the

same thing, emergency alerts.

332

00:16:28,920 --> 00:16:32,760

You can choose to be notified

333

00:16:32,760 --> 00:16:35,840

when disaster declarations come out.

334

00:16:35,840 --> 00:16:39,240

The Red Cross app does

essentially the same.

335

00:16:39,240 --> 00:16:44,080

Both will also help you

find shelters in your area.

336

00:16:45,000 --> 00:16:49,360

And then another one

is having a fire alarm

337

00:16:49,360 --> 00:16:54,360

and carbon monoxide detector,

and making sure always

338

00:16:54,640 --> 00:16:57,440

that those things have working batteries

339

00:16:57,440 --> 00:17:01,240

so that they will alert

you when there is smoke.

340

00:17:03,040 --> 00:17:07,800

I live in a building that

has a fire alarm system

341

00:17:07,800 --> 00:17:11,400

and it goes off very

loud when it's working

342

00:17:11,400 --> 00:17:12,560

or when they test it.

343

00:17:13,560 --> 00:17:15,680

Carbon monoxide detectors are the same.

344

00:17:15,680 --> 00:17:19,560

They will make a noise or strobe lights.

345

00:17:19,560 --> 00:17:22,280

Other ways of getting your attention

346

00:17:22,280 --> 00:17:23,960

to let you know there's a problem.

347

00:17:26,080 --> 00:17:28,440

And the time to plan for disasters

348

00:17:28,440 --> 00:17:33,000

and emergencies is now, anytime.

349

00:17:33,000 --> 00:17:38,000

It's important, I think,

to not wait until,

350

00:17:38,000 --> 00:17:41,000

"Oh, June 1st starts hurricane season,

351

00:17:41,000 --> 00:17:42,400

so it's April or May."

352

00:17:42,400 --> 00:17:44,440

Let's start thinking about that.

353

00:17:44,440 --> 00:17:46,520

It's a year round thing anymore

354

00:17:46,520 --> 00:17:51,520

and important to think about

these things when you can,

355

00:17:52,040 --> 00:17:54,520

when you have a few minutes to say,

356

00:17:54,520 --> 00:17:57,400

"You know, I need to be sure

that these batteries work."

357

00:17:57,400 --> 00:17:59,880

It's good to put on your calendar.

358

00:18:01,080 --> 00:18:05,760

They always say when we go

to daylight savings time,

359

00:18:05,760 --> 00:18:09,480

and then when we go back off

of daylight savings time,

360

00:18:09,480 --> 00:18:13,440

that's a good time to

check batteries in radios,

361

00:18:13,440 --> 00:18:16,680

smoke alarms, carbon monoxide detectors,

362

00:18:16,680 --> 00:18:18,360

those kind of things.

363

00:18:18,360 --> 00:18:23,360

But it is a year round, anytime,

all the time kind of thing.

364

00:18:25,120 --> 00:18:26,120

When to plan?

365

00:18:26,120 --> 00:18:27,360

As soon as possible.

366

00:18:29,120 --> 00:18:33,120

Planning now can help keep

you safer during disasters

367

00:18:33,120 --> 00:18:35,160

and it may help lower anxiety

368

00:18:35,160 --> 00:18:39,600

about what will I do

when something happens.

369

00:18:39,600 --> 00:18:42,240

If you wait until the

disaster is about to happen

370

00:18:42,240 --> 00:18:46,680

or is happening, you

may be more overwhelmed,

371

00:18:46,680 --> 00:18:49,320

you may be unable to get supplies,

372

00:18:49,320 --> 00:18:50,880

you may have a harder time connecting

373

00:18:50,880 --> 00:18:52,800

with friends and family.

374

00:18:52,800 --> 00:18:57,080

You know, systems go down,

cell towers are affected.

375

00:18:57,080 --> 00:19:00,960

So it's important to

know well ahead of time

376

00:19:00,960 --> 00:19:03,080

what you'll do when a disaster

377

00:19:03,080 --> 00:19:05,600

or emergency happens near you.

378

00:19:09,480 --> 00:19:13,080

Make plans, plans may start

by having conversations

379

00:19:13,080 --> 00:19:16,120

with your family, your friends,

380

00:19:16,120 --> 00:19:19,560

any other type of support

network you may have.

381

00:19:19,560 --> 00:19:24,560

Your faith community,

coworkers, people in clubs

382

00:19:25,200 --> 00:19:29,640

or things that you may

belong to, you know?

383

00:19:29,640 --> 00:19:34,640

Anywhere that you feel

comfortable talking with people

384

00:19:35,560 --> 00:19:38,400

about what to do in a

disaster and emergency,

385

00:19:38,400 --> 00:19:40,720

and how you will respond.

386

00:19:41,640 --> 00:19:43,560

And you need to make sure you have a plan

387

00:19:43,560 --> 00:19:48,480

for both sheltering in

place and evacuating.

388

00:19:48,480 --> 00:19:49,680

You need one for both

389

00:19:49,680 --> 00:19:52,200

because you may be ordered to evacuate.

390

00:19:54,160 --> 00:19:56,520

Local government may say it is not safe

391

00:19:56,520 --> 00:19:58,320

for you to stay in your home,

392

00:19:58,320 --> 00:20:02,160

and you need to grab your go-bag and go.

393

00:20:03,120 --> 00:20:06,200

They may also say, it's not

safe for you to be outdoors

394

00:20:06,200 --> 00:20:10,800

and out either breathing

the air in the community,

395

00:20:10,800 --> 00:20:12,080

whatever may be happening.

396

00:20:12,080 --> 00:20:14,280

They may tell you that

it's critically important

397

00:20:14,280 --> 00:20:16,800

that you stay where you are.

398

00:20:16,800 --> 00:20:18,000

And so we're gonna talk about

399

00:20:18,000 --> 00:20:20,120

how to build a sheltering in place kit.

400

00:20:20,120 --> 00:20:23,040

And then how to assemble a go-bag.

401

00:20:26,880 --> 00:20:29,520

You need to make plans

for sheltering in place

402

00:20:29,520 --> 00:20:32,520

because of, say, a chemical spill.

403

00:20:32,520 --> 00:20:35,280

There may be toxins being

released into the air.

404

00:20:37,440 --> 00:20:41,640

Something like a dirty bomb,

which is an explosive device

405

00:20:41,640 --> 00:20:43,840

that has radioactive material in it.

406

00:20:45,240 --> 00:20:46,840

And then severe weather,

407

00:20:46,840 --> 00:20:51,600

which is the one of those

three more likely to happen,

408

00:20:51,600 --> 00:20:53,880

but we have to be

prepared for all of them.

409

00:20:54,880 --> 00:20:57,720

And then you make plans for evacuating

410

00:20:57,720 --> 00:21:00,480

because of wildfire that could encroach,

411

00:21:00,480 --> 00:21:05,120

I'm sorry, could get near your home,

412

00:21:05,120 --> 00:21:08,480

could make it very, very

hard as it gets closer

413

00:21:08,480 --> 00:21:10,160

for you to get out.

414

00:21:10,160 --> 00:21:15,160

So typically, emergency

management will put out an order

415

00:21:15,160 --> 00:21:18,320

that you have to evacuate,

you have to go to shelter,

416

00:21:18,320 --> 00:21:19,880

go to friends, go to family,

417

00:21:19,880 --> 00:21:22,440

but not be in the place where you live,

418

00:21:22,440 --> 00:21:24,120

where the wildfires happening.

419

00:21:24,120 --> 00:21:26,200

Same with hurricanes.

420

00:21:26,200 --> 00:21:31,200

And I'm having trouble with

my viewers gallery interfering

421

00:21:35,200 --> 00:21:37,440

and I should know what this slide says.

422

00:21:37,440 --> 00:21:42,440

But Melissa, building on the slide,

423

00:21:42,480 --> 00:21:44,040

the third item at the bottom,

424

00:21:45,120 --> 00:21:47,120

I'm trying to get to it on my tablet.

425

00:21:47,120 --> 00:21:49,520

- Building fires, it says.

426

00:21:49,520 --> 00:21:53,280

- Thank you, I apologize,

it's one of those days.

427

00:21:54,720 --> 00:21:57,120

So yes, building fires, whether that's,

428

00:21:57,120 --> 00:22:00,760

if you live in an apartment or a condo

429

00:22:00,760 --> 00:22:03,360

that's part of a larger building.

430

00:22:04,240 --> 00:22:08,520

You know, your home,

single family fires happen

431

00:22:08,520 --> 00:22:12,000

about every eight minutes

in the United States.

432

00:22:12,000 --> 00:22:15,400

And so, that's especially

one to be ready for

433

00:22:15,400 --> 00:22:18,120

and to know how to respond to that.

434

00:22:22,080 --> 00:22:23,800

So we're starting to plan.

435

00:22:23,800 --> 00:22:26,280

What are the first steps for that?

436

00:22:26,280 --> 00:22:27,480

Coming to this training

437

00:22:27,480 --> 00:22:30,640

is an excellent first step in planning.

438

00:22:30,640 --> 00:22:34,200

Next steps focus on

getting ready for disasters

439

00:22:34,200 --> 00:22:37,600

that happen often in your area.

440

00:22:37,600 --> 00:22:39,760

And plan, knowing that disasters

441

00:22:39,760 --> 00:22:42,400

and extreme weather events will change.

442

00:22:42,400 --> 00:22:44,120

All of these things could change

443

00:22:44,120 --> 00:22:49,120

in terms of how often they

happen, how severe are they.

444

00:22:49,640 --> 00:22:54,640

You know, I think we are, most

of us, in tune with the fact

445

00:22:57,000 --> 00:23:00,560

that people are talking every

day about climate change

446

00:23:00,560 --> 00:23:02,600

and how that's affecting us.

447

00:23:02,600 --> 00:23:06,840

And it is something that

in preparing you just,

448

00:23:06,840 --> 00:23:10,720

you have to be at least

have some awareness

449

00:23:10,720 --> 00:23:14,720

of the kind of suggestions

and recommendations,

450

00:23:14,720 --> 00:23:18,000

the things that are being

learned about these events

451

00:23:18,000 --> 00:23:19,520

as they change.

452

00:23:20,840 --> 00:23:23,240

The partnership has a general

453

00:23:23,240 --> 00:23:27,000

no-cost preparedness tips resource.

454

00:23:27,000 --> 00:23:30,520

And we'll be sharing that

link with you as well.

455

00:23:30,520 --> 00:23:32,440

And it'll give you some ideas on things

456

00:23:32,440 --> 00:23:35,480

that don't cost anything

or don't cost much.

457

00:23:37,320 --> 00:23:41,120

Places that you may be able

to get things for free.

458

00:23:41,120 --> 00:23:42,920

And we're gonna talk about that some more

459

00:23:42,920 --> 00:23:44,320

as we move through this.

460

00:23:46,640 --> 00:23:50,160

Deciding how you want to plan,

this is really important.

461

00:23:52,200 --> 00:23:55,760

If you are comfortable with having one

462

00:23:55,760 --> 00:23:58,600

and you want one, create a social network.

463

00:23:58,600 --> 00:24:00,520

That would be your friends and family,

464

00:24:00,520 --> 00:24:05,520

other systems of support

to assist you if you want.

465

00:24:06,880 --> 00:24:08,600

If you're planning with other people,

466

00:24:08,600 --> 00:24:10,720

decide how and when you wanna meet.

467

00:24:10,720 --> 00:24:12,560

Put dates and times in your calendar

468

00:24:12,560 --> 00:24:17,480

and make sure that everybody

is reminded when those dates

469

00:24:17,480 --> 00:24:19,240

and times are coming up.

470

00:24:19,240 --> 00:24:22,800

If you are meeting virtually,

471

00:24:22,800 --> 00:24:27,800

meeting like we are here in

person and with folks online,

472

00:24:29,720 --> 00:24:33,120

you may want to have a place

473

00:24:33,120 --> 00:24:36,960

where you have shared documents,

a calendar, reminders,

474

00:24:36,960 --> 00:24:39,840

resources for planning,

that sort of thing.

475

00:24:41,000 --> 00:24:42,280

And if you're planning on your own,

476

00:24:42,280 --> 00:24:44,880

you should still put in dates

and times on your calendar

477

00:24:44,880 --> 00:24:47,160

so you'll remember to plan,

478

00:24:47,160 --> 00:24:52,160

so that it does become something,

it's kind of second nature

479

00:24:53,560 --> 00:24:57,520

that you keep in mind that you

need to do and keep up with.

480

00:24:58,680 --> 00:25:02,480

Again, it's not a, "Oh, it's September,

481

00:25:02,480 --> 00:25:05,760

it's national preparedness

month," kind of thing.

482

00:25:05,760 --> 00:25:07,480

We need to be thinking

483

00:25:07,480 --> 00:25:10,480

and working on our plans all the time

484

00:25:10,480 --> 00:25:13,120

as time and energy allow.

485

00:25:17,320 --> 00:25:19,800

Things to think about as you plan.

486

00:25:19,800 --> 00:25:22,920

How will I know about a

disaster or emergency?

487

00:25:22,920 --> 00:25:25,720

What is my plan for sheltering in place?

488

00:25:25,720 --> 00:25:28,320

What is my plan for evacuating?

489

00:25:28,320 --> 00:25:30,920

What is my plan if the

power is going to be out

490

00:25:30,920 --> 00:25:32,760

for a long time?

491

00:25:32,760 --> 00:25:34,840

Who is part of my support network?

492

00:25:35,720 --> 00:25:37,880

What is my communication plan?

493

00:25:37,880 --> 00:25:41,280

How will I let people know where I am

494

00:25:41,280 --> 00:25:43,640

that I'm safe or that I'm not?

495

00:25:44,960 --> 00:25:49,600

Knowing who those people

in your network will be

496

00:25:49,600 --> 00:25:54,600

that you're going to make

sure have eyes on you

497

00:25:56,840 --> 00:26:00,320

in a sense that they know where you are

498

00:26:00,320 --> 00:26:03,040

and how things are going for you.

499

00:26:03,960 --> 00:26:08,960

The Red Cross does offer

something they call Safe and Well.

500

00:26:09,120 --> 00:26:12,600

Facebook has a way to let people know,

501

00:26:12,600 --> 00:26:14,840

I'm safe in this disaster.

502

00:26:16,200 --> 00:26:18,840

And then finally, do I have what I need?

503

00:26:18,840 --> 00:26:21,880

Do I have enough water,

do I have enough food?

504

00:26:21,880 --> 00:26:26,400

Do I have a way if the

power's out to charge devices

505

00:26:26,400 --> 00:26:27,360

and that sort of thing?

506

00:26:27,360 --> 00:26:29,840

And again, we're gonna

go through each of these

507

00:26:29,840 --> 00:26:32,120

and talk in more detail.

508

00:26:36,480 --> 00:26:38,760

Starting a plan and what you'll need.

509

00:26:39,920 --> 00:26:44,560

Decide what's most important

or easiest to do first.

510

00:26:45,960 --> 00:26:50,320

It's up to you where you

start, and it is identifying

511

00:26:50,320 --> 00:26:54,400

and realizing what do you think

512

00:26:54,400 --> 00:26:56,160

are the most important pieces

513

00:26:56,160 --> 00:26:59,480

that you need to get going on first.

514

00:27:00,920 --> 00:27:03,040

When you're putting together

supplies for a go-bag

515

00:27:03,040 --> 00:27:05,160

and a shelter in place kit.

516

00:27:05,160 --> 00:27:08,320

Consider prioritizing food and water.

517

00:27:09,520 --> 00:27:11,360

Once you have enough food and water

518

00:27:11,360 --> 00:27:13,080

for everyone in your household,

519

00:27:13,080 --> 00:27:15,960

and we're gonna let you

know how much that is,

520

00:27:15,960 --> 00:27:20,400

then move on to other necessities,

batteries, flashlights,

521

00:27:20,400 --> 00:27:25,400

blankets, portable chargers

for phones, tablets,

522

00:27:26,080 --> 00:27:30,120

mobility equipment, CPAPs,

523

00:27:30,120 --> 00:27:33,880

any of those things that require power,

524

00:27:35,160 --> 00:27:38,200

you need to be thinking about those.

525

00:27:40,240 --> 00:27:42,480

And then a whole host of other things

526

00:27:42,480 --> 00:27:46,160

that we'll also get into as

we go through the training.

527

00:27:51,240 --> 00:27:54,720

We'll talk about when you

need a shelter in place kit,

528

00:27:54,720 --> 00:27:58,400

when a disaster makes it

unsafe to leave where you are

529

00:27:58,400 --> 00:28:01,840

because air quality may be unsafe

530

00:28:01,840 --> 00:28:05,080

because of smoke, chemicals, or radiation.

531

00:28:06,520 --> 00:28:08,760

There may be high winds or flash flooding

532

00:28:08,760 --> 00:28:13,200

may already make it unsafe for

you to get to another place.

533

00:28:14,200 --> 00:28:17,640

Roads and sidewalks could

be damaged or blocked.

534

00:28:19,640 --> 00:28:22,480

Power lines blow down, trees blow down,

535

00:28:24,720 --> 00:28:28,360

pieces of homes that

are have been destroyed.

536

00:28:28,360 --> 00:28:32,200

Roofs, that kind of thing

can block roads and sidewalks

537

00:28:32,200 --> 00:28:34,360

and make it very difficult to get around.

538

00:28:35,760 --> 00:28:39,120

And when there's a danger

of being hit by that falling

539

00:28:39,120 --> 00:28:43,920

or windblown stuff, the

objects that are blowing around

540

00:28:43,920 --> 00:28:48,480

or being taken apart as a storm hits

541

00:28:48,480 --> 00:28:50,440

or an event is going on.

542

00:28:53,280 --> 00:28:56,600

Oh, and when do you need a go-bag?

543

00:28:57,880 --> 00:28:59,160

When a disaster makes it unsafe

544

00:28:59,160 --> 00:29:00,640

for you to stay where you are

545

00:29:00,640 --> 00:29:03,160

because the place where you are may flood,

546

00:29:04,080 --> 00:29:07,520

it could suffer wind damage.

547

00:29:08,520 --> 00:29:12,800

Strong winds may damage

roofs, windows, doors.

548

00:29:14,240 --> 00:29:18,600

This is why when there are

high wind events going on,

549

00:29:18,600 --> 00:29:23,120

you know, tornado warnings

will tell you to get to a place

550

00:29:23,120 --> 00:29:28,120

in your home where there's

no glass, get as far inside

551

00:29:28,720 --> 00:29:31,600

and away from windows, and

that kind of thing as you can.

552

00:29:32,480 --> 00:29:35,160

And also, you need a

go-bag when power outages

553

00:29:35,160 --> 00:29:37,520

may last a long time

and you may not be able

554

00:29:37,520 --> 00:29:41,360

to charge the things that

you depend on every day.

555

00:29:44,440 --> 00:29:49,440

Sorry, make sure I didn't

skip too many slides there.

556

00:29:51,720 --> 00:29:55,120

So now we wanna talk about evacuating

557

00:29:55,120 --> 00:29:56,960

or sheltering in place.

558

00:29:56,960 --> 00:30:01,960

So we are gonna ask you what you would do.

559

00:30:02,160 --> 00:30:06,120

Would you evacuate or shelter

in place in a hurricane?

560

00:30:13,600 --> 00:30:14,440

- Ken?

561

00:30:14,440 --> 00:30:16,920

- I think we have a taker, Ken?

562

00:30:16,920 --> 00:30:21,360

- It depends on the

situation or the scenario.

563

00:30:21,360 --> 00:30:25,000

I use a wheelchair and

during Hurricane Ian,

564

00:30:25,000 --> 00:30:27,840

I was renting a house

before I purchased the home

565

00:30:28,800 --> 00:30:32,560

and I decided to shelter in place.

566

00:30:32,560 --> 00:30:36,640

I had a family member there

helping me with my move.

567

00:30:36,640 --> 00:30:38,960

So we stayed because

the house was elevated

568

00:30:38,960 --> 00:30:43,960

off the intersection

which ended up flooding

569

00:30:44,320 --> 00:30:48,040

about 20 feet from the door,

all the houses below the house.

570

00:30:48,040 --> 00:30:51,240

So I felt comfortable,

it's a very solid house

571

00:30:51,240 --> 00:30:54,440

and it was elevated high off the ground.

572

00:30:54,440 --> 00:30:56,320

So I felt comfortable with that

573

00:30:56,320 --> 00:30:59,160

and I felt it was a best decision for me

574

00:30:59,160 --> 00:31:00,400

rather than going to a shelter

575

00:31:00,400 --> 00:31:05,400

where I wouldn't have the

comfort and the equipment,

576

00:31:05,480 --> 00:31:07,760

the DME that I need.

577

00:31:07,760 --> 00:31:09,720

And so, that's what I chose

578

00:31:09,720 --> 00:31:12,160

and it turned out to

be the right decision.

579

00:31:12,160 --> 00:31:13,360

- Very good.

580

00:31:13,360 --> 00:31:14,760

- And I'm gonna interrupt Shari,

581

00:31:14,760 --> 00:31:18,400

I'm gonna give him a monster

finger public fabulous prize.

582

00:31:18,400 --> 00:31:19,880

And Shari, feel free to

give out your own prizes.

583

00:31:19,880 --> 00:31:21,760

I know you have a bag there too.

584

00:31:21,760 --> 00:31:23,760

- All right, thank you Melissa.

585

00:31:24,880 --> 00:31:26,640

- Jason, I believe we

have another taker here.

586

00:31:27,520 --> 00:31:32,520

- For the last year, I had a found family.

587

00:31:33,800 --> 00:31:36,760

Bob works for the Lee County School.

588

00:31:37,800 --> 00:31:42,800

We tried the shelter,

we stayed in the house

589

00:31:43,560 --> 00:31:48,560

because there was no shelter,

and we put the shutters down

590

00:31:50,360 --> 00:31:55,360

and we went to Publix because

it was hard to get ice

591

00:32:00,720 --> 00:32:02,400

and bottles of water,

592

00:32:02,400 --> 00:32:05,600

because they said you had

to go early in the morning

593

00:32:05,600 --> 00:32:09,680

to get shredded ice or water.

594

00:32:11,040 --> 00:32:14,440

We went everywhere to get ice and water

595

00:32:14,440 --> 00:32:18,280

because it was very difficult

to get ice and all that stuff.

596

00:32:19,200 --> 00:32:20,520

- All right, thank you.

597

00:32:20,520 --> 00:32:22,120

- Thank you very much.

598

00:32:22,120 --> 00:32:24,600

- Jason gets a tiny purple slinky.

599

00:32:25,920 --> 00:32:26,760

- All right.

600

00:32:28,080 --> 00:32:30,000

- Hold on, I believe we have one more.

601

00:32:30,000 --> 00:32:33,200

Lauren, did you shelter

in place or (indistinct).

602

00:32:33,200 --> 00:32:36,200

- I was at my brother's

house during the hurricane.

603

00:32:36,200 --> 00:32:38,400

And my brother told me to

stay away from the window,

604

00:32:38,400 --> 00:32:40,960

'cause my place got

damaged by the hurricane,

605

00:32:40,960 --> 00:32:42,920

the committee pool.

606

00:32:42,920 --> 00:32:45,200

- All right, thank you Lauren.

607

00:32:46,880 --> 00:32:51,880

- Very good, and Melissa, I'm

gonna let you do the prizes

608

00:32:54,760 --> 00:32:59,480

'cause I'm not as good at that as you are.

609

00:32:59,480 --> 00:33:01,240

You have better practice (indistinct).

610

00:33:01,240 --> 00:33:02,520

- No, I have lots of prizes here.

611

00:33:02,520 --> 00:33:04,320

- I know you do.

612

00:33:04,320 --> 00:33:05,520

- Like a connections.

613

00:33:07,960 --> 00:33:10,200

- So can we give Lauren a prize for the...

614

00:33:10,200 --> 00:33:11,840

- Oh, I'm sorry, I'm sorry.

615

00:33:11,840 --> 00:33:12,680

- No, that's okay.

616

00:33:12,680 --> 00:33:13,880

- Lauren, you get a multicolor top

617

00:33:13,880 --> 00:33:15,960

you can spin on your desk.

618

00:33:15,960 --> 00:33:20,600

- All right, so now we're gonna

move on to building fires.

619

00:33:20,600 --> 00:33:23,440

Would you evacuate or shelter in place?

620

00:33:31,960 --> 00:33:33,640

- The fire you would run,

621

00:33:33,640 --> 00:33:36,880

everybody said get out of the building.

622

00:33:38,400 --> 00:33:40,360

- That's the right answer, definitely.

623

00:33:40,360 --> 00:33:42,960

- You all get a fabulous

price of your choice, bug out.

624

00:33:43,800 --> 00:33:45,560

- Yes, very good.

625

00:33:46,400 --> 00:33:50,720

A wildfire, evacuate or shelter in place?

626

00:33:51,600 --> 00:33:53,960

- Right, right, evacuate.

627

00:33:53,960 --> 00:33:55,440

- Get out, right?

628

00:33:55,440 --> 00:33:58,160

Think about California and all the fires.

629

00:34:01,000 --> 00:34:03,720

- Radiation, evacuate,

all of those are evacuate.

630

00:34:03,720 --> 00:34:05,280

- Yeah, definitely.

631

00:34:05,280 --> 00:34:08,080

- And and Natalie says

in the chat, to evacuate.

632

00:34:08,080 --> 00:34:12,080

- Yes, yes, fire?

633

00:34:12,080 --> 00:34:13,520

- (indistinct)

634

00:34:13,520 --> 00:34:14,600

- Just about.

635

00:34:14,600 --> 00:34:18,960

(participants chatter indistinctly)

636

00:34:20,080 --> 00:34:23,240

- I didn't evacuate for a

tropical flood, it depends how...

637

00:34:23,240 --> 00:34:25,080

- Tropical storms mean trouble.

638

00:34:25,080 --> 00:34:27,680

- Tropical storm, it can depend right?

639

00:34:27,680 --> 00:34:30,680

You watch, you see, but certainly

640

00:34:30,680 --> 00:34:33,840

once those warnings come

out about the hurricane

641

00:34:33,840 --> 00:34:37,200

then you start to get

serious about your plan.

642

00:34:38,440 --> 00:34:40,200

Yeah, all right.

643

00:34:40,200 --> 00:34:43,800

- And let's talk about

earthquakes for a minute.

644

00:34:43,800 --> 00:34:47,200

May not be a particularly

common thing in Florida,

645

00:34:47,200 --> 00:34:48,600

but they can happen.

646

00:34:48,600 --> 00:34:51,600

And the thing with earthquakes is,

647

00:34:52,720 --> 00:34:57,720

that's what emergency managers

would call a no notice event.

648

00:35:00,360 --> 00:35:02,080

You don't get warnings for earthquakes

649

00:35:02,080 --> 00:35:03,680

until they're happening.

650

00:35:03,680 --> 00:35:08,000

So typically, you may

still want to evacuate,

651

00:35:08,000 --> 00:35:11,520

but you have to assess the

situation around you too.

652

00:35:12,840 --> 00:35:17,840

So this whole list comes

down to how close are you,

653

00:35:20,040 --> 00:35:25,040

tropical storms, I spent a

lot of time in southeast,

654

00:35:28,000 --> 00:35:29,160

I grew up in Texas,

655

00:35:29,160 --> 00:35:31,320

lived in south Louisiana for a long time.

656

00:35:31,320 --> 00:35:34,000

Lived in Charleston, South Carolina.

657

00:35:34,000 --> 00:35:37,640

And tropical storms kind of depend.

658

00:35:37,640 --> 00:35:40,640

And it all comes down to also

659

00:35:40,640 --> 00:35:43,680

what are you personally comfortable with,

660

00:35:43,680 --> 00:35:46,560

where will you feel safest?

661

00:35:46,560 --> 00:35:51,560

And also very, very

important to pay attention

662

00:35:51,840 --> 00:35:55,880

to what your emergency management

officials are telling you

663

00:35:57,200 --> 00:35:59,360

because they'll let you know.

664

00:35:59,360 --> 00:36:04,320

And they have weather forecasters

665

00:36:04,320 --> 00:36:08,040

and people who have spent a lot of time

666

00:36:08,040 --> 00:36:10,040

putting together preparedness plans.

667

00:36:10,040 --> 00:36:15,040

Now, most of them don't put

nearly as much focus on us

668

00:36:16,480 --> 00:36:18,520

as people with disabilities.

669

00:36:18,520 --> 00:36:23,280

But when emergency management

or when you get an alert,

670

00:36:23,280 --> 00:36:28,240

or warning, or an evacuation order,

671

00:36:28,240 --> 00:36:31,080

those are the things to consider too

672

00:36:31,080 --> 00:36:34,080

as you're making decisions

about what to do.

673

00:36:35,000 --> 00:36:36,240

- And I just heard something

674

00:36:36,240 --> 00:36:38,680

that I just wanna pick up a little bit.

675

00:36:38,680 --> 00:36:41,280

So I was saying radiation,

you leave radiation,

676

00:36:41,280 --> 00:36:42,920

you wanna go inside your house.

677

00:36:42,920 --> 00:36:43,760

- Yes.

678

00:36:43,760 --> 00:36:44,600

- If you're outside, you

wanna take off your clothes,

679

00:36:44,600 --> 00:36:46,480

put them in a plastic

bag, get in the shower,

680

00:36:46,480 --> 00:36:49,160

get as much stuff off of you as possible.

681

00:36:49,160 --> 00:36:51,560

But for radiation, you wanna go inside.

682

00:36:51,560 --> 00:36:53,280

Same is true with a dirty bomb.

683

00:36:53,280 --> 00:36:57,200

A bomb that has radiation leakage with it.

684

00:36:58,320 --> 00:36:59,240

- Yes.

685

00:36:59,240 --> 00:37:00,320

- Sorry Shari.

686

00:37:00,320 --> 00:37:05,280

- And if you don't go

outside, you still want to,

687

00:37:05,280 --> 00:37:08,840

you know, if there's any possibility

688

00:37:08,840 --> 00:37:10,040

that you've been exposed at all,

689

00:37:10,040 --> 00:37:13,680

you want to get cleaned up, clothes off,

690

00:37:13,680 --> 00:37:16,320

anything that might have touched your skin

691

00:37:16,320 --> 00:37:19,160

off of it as quickly as

possible as Melissa said.

692

00:37:19,160 --> 00:37:20,000

- Leave it outside.

693

00:37:20,000 --> 00:37:21,960

- And leave it outside, yes.

694

00:37:21,960 --> 00:37:23,960

- And we'll go into a

couple of other things

695

00:37:23,960 --> 00:37:27,280

you will want to have if

you're sheltering in place

696

00:37:27,280 --> 00:37:29,080

for something like that,

697

00:37:29,080 --> 00:37:32,040

and ways to keep the bad

stuff out of your home.

698

00:37:34,600 --> 00:37:36,640

So I'm gonna stop here for a minute

699

00:37:36,640 --> 00:37:40,000

and ask it if there are any questions.

700

00:37:40,000 --> 00:37:42,000

- Quick question, this is the interpreter,

701

00:37:42,000 --> 00:37:44,520

the other interpreter speaking.

702

00:37:44,520 --> 00:37:48,120

Is the other interpreter clear

703

00:37:48,120 --> 00:37:50,680

because on my end, she's freezing,

704

00:37:50,680 --> 00:37:54,320

but I just wanna make sure

she's clear for the recording.

705

00:37:54,320 --> 00:37:59,160

- Oh, I can see her.

706

00:37:59,160 --> 00:38:01,000

- She's not freezing on this end.

707

00:38:01,000 --> 00:38:02,160

- Perfect.

- No.

708

00:38:02,160 --> 00:38:04,080

- Just wanna make sure, thanks guys.

709

00:38:04,080 --> 00:38:05,000

- Thank you.

- Looks Good.

710

00:38:05,000 --> 00:38:07,360

- Thank You.

- Thank you.

711

00:38:07,360 --> 00:38:09,000

- Okay, so we just talked about this,

712

00:38:09,000 --> 00:38:10,640

but I'm just gonna say it again.

713

00:38:11,760 --> 00:38:16,440

When it all comes down to it,

shelter in place or evacuate,

714

00:38:16,440 --> 00:38:19,040

do what local authorities advise you to do

715

00:38:19,040 --> 00:38:21,360

if you have access to that information.

716

00:38:22,360 --> 00:38:26,000

And that's again, where

it's important to have a way

717

00:38:26,000 --> 00:38:31,000

to get those alerts that

will come on your phone,

718

00:38:31,480 --> 00:38:32,640

your television.

719

00:38:33,920 --> 00:38:35,800

Now I do see the interpreter freezing,

720

00:38:35,800 --> 00:38:37,160

so I'm gonna stop for a second.

721

00:38:37,160 --> 00:38:39,000

- We have a question here in the room.

722

00:38:39,000 --> 00:38:40,720

- It's just something to say.

723

00:38:40,720 --> 00:38:42,000

It was an experience

724

00:38:42,000 --> 00:38:44,800

that I've never experienced

ever in my life.

725

00:38:44,800 --> 00:38:47,600

And I don't want anybody

to go through this.

726

00:38:47,600 --> 00:38:48,960

I've lived through all my life

727

00:38:48,960 --> 00:38:51,080

and I've been through multiple hurricanes.

728

00:38:51,080 --> 00:38:55,800

Just when you're in a hurricane

and you say shelter in place

729

00:38:55,800 --> 00:39:00,120

or evacuate, you might

wanna think to evacuate.

730

00:39:00,120 --> 00:39:02,880

And the only reason why I say

this is because this last time

731

00:39:02,880 --> 00:39:07,880

with Ian, I had an 88-year-old

stage four cancer aunt

732

00:39:08,920 --> 00:39:10,560

that I was taking care of.

733

00:39:10,560 --> 00:39:15,560

And my sister, who is a

very hefty woman, okay?

734

00:39:16,040 --> 00:39:20,680

And all of a sudden, we had

gotten some flooding, okay?

735

00:39:21,640 --> 00:39:24,720

And the flooding, now the

only way for us to evacuate

736

00:39:24,720 --> 00:39:29,520

or get from the house was

to go to the roof, okay?

737

00:39:29,520 --> 00:39:33,120

Well, I couldn't get this woman,

738

00:39:33,120 --> 00:39:35,760

my 88-year-old on the ladder.

739

00:39:35,760 --> 00:39:39,360

My sister was not getting up on a ladder,

740

00:39:39,360 --> 00:39:43,400

and me, handicapped, who's

gonna get me on a ladder?

741

00:39:43,400 --> 00:39:45,720

So, when you think of things like this,

742

00:39:45,720 --> 00:39:48,240

it's not just what the circumstance is,

743

00:39:48,240 --> 00:39:52,400

it's everything included, and

you need to just evacuate.

744

00:39:52,400 --> 00:39:55,920

And another thing, we were out

of electricity for two weeks

745

00:39:55,920 --> 00:39:58,400

and the only way I could charge my phone,

746

00:39:58,400 --> 00:40:01,280

and it's not up there and

it didn't say anything.

747

00:40:01,280 --> 00:40:03,760

All it said was portable chargers.

748

00:40:03,760 --> 00:40:05,640

But portable chargers, you don't think,

749

00:40:05,640 --> 00:40:09,640

people don't understand when

they're worried and overwhelmed

750

00:40:09,640 --> 00:40:12,360

and they have no food and no water.

751

00:40:12,360 --> 00:40:17,360

The only way I charge my

phone was I started my car up

752

00:40:18,320 --> 00:40:20,040

and I charged it in my car.

753

00:40:20,040 --> 00:40:23,000

And that's very important.

754

00:40:23,000 --> 00:40:26,520

And that should be up

there because people don't,

755

00:40:26,520 --> 00:40:30,360

in the time of a crisis or

something, they're so scared

756

00:40:30,360 --> 00:40:32,000

that they don't know left from right

757

00:40:32,000 --> 00:40:32,880

and they don't know what to do.

758

00:40:32,880 --> 00:40:36,120

- They have that already on.

759

00:40:36,120 --> 00:40:36,960

- Yeah.

760

00:40:36,960 --> 00:40:41,440

- And that's a big thing,

so anyway, thank you.

761

00:40:41,440 --> 00:40:42,440

- Thank you for sharing.

762

00:40:42,440 --> 00:40:45,160

- And Shari, I just also

wanted to add the last slide

763

00:40:45,160 --> 00:40:47,720

that Natalie talked about evacuating,

764

00:40:47,720 --> 00:40:49,040

and she also said it's very good

765

00:40:49,040 --> 00:40:50,880

to practice drills for every disaster.

766

00:40:50,880 --> 00:40:52,240

And that every month is good, so thanks.

767

00:40:52,240 --> 00:40:54,000

- Yes. I didn't wanna (indistinct).

768

00:40:54,000 --> 00:40:54,840

- Yes, can I say something?

769

00:40:54,840 --> 00:40:57,560

This is Natalie, can I say

something real quick on that?

770

00:40:57,560 --> 00:41:01,200

Thank you for that, I just

wanna say something quick.

771

00:41:01,200 --> 00:41:05,040

When we had that flood

in April of last year,

772

00:41:05,040 --> 00:41:09,240

I was actually visiting

a client on that day

773

00:41:09,240 --> 00:41:11,360

and it was raining heavily

the day of the flood,

774

00:41:11,360 --> 00:41:14,400

I think it was April 12th or something,

775

00:41:14,400 --> 00:41:16,280

I can't remember the exact date.

776

00:41:16,280 --> 00:41:18,160

And I was visiting the client,

777

00:41:18,160 --> 00:41:20,960

the rain came down starting

heavily from five o'clock

778

00:41:20,960 --> 00:41:25,960

and the apartment was

flooding, it got worse.

779

00:41:26,440 --> 00:41:29,160

And, you know, we weren't expecting that

780

00:41:29,160 --> 00:41:33,080

it was something that was

sudden and we had to evacuate

781

00:41:33,080 --> 00:41:35,880

and go upstairs to the neighbor.

782

00:41:35,880 --> 00:41:40,880

So we can have sudden emergencies.

783

00:41:42,600 --> 00:41:45,840

And you know, that was very interesting.

784

00:41:45,840 --> 00:41:50,840

I mean, if we can't go to our

evacuation planned the spots,

785

00:41:51,800 --> 00:41:52,920

then what do you do?

786

00:41:52,920 --> 00:41:55,800

You just either think where we need just,

787

00:41:55,800 --> 00:41:59,280

that's how improvising comes in I believe.

788

00:41:59,280 --> 00:42:00,480

You just have to improvise

789

00:42:00,480 --> 00:42:02,800

and make great decisions

because guess what?

790

00:42:02,800 --> 00:42:05,800

I had to stay with my client

and we couldn't go anywhere.

791

00:42:05,800 --> 00:42:07,680

I couldn't go home, so guess what?

792

00:42:07,680 --> 00:42:09,720

The neighbor was kind enough

793

00:42:09,720 --> 00:42:12,360

to have us sleep there that night.

794

00:42:13,920 --> 00:42:16,480

- That's wonderful, and

that's excellent advice too.

795

00:42:16,480 --> 00:42:21,480

I mean, you have to, you know,

anything can happen anywhere.

796

00:42:21,560 --> 00:42:25,000

And again, as we get into this further,

797

00:42:25,000 --> 00:42:28,200

we'll talk some more about

places where you may want

798

00:42:28,200 --> 00:42:31,040

to have a go-bag in your

car and that sort of thing.

799

00:42:31,040 --> 00:42:33,840

But in the interest of time,

I'm gonna move us along now

800

00:42:33,840 --> 00:42:38,840

and thank you, everything

that you all are talking about

801

00:42:39,520 --> 00:42:44,520

is just so important to

remember and be aware of.

802

00:42:46,200 --> 00:42:51,200

Hurricanes may look like,

I can get through this,

803

00:42:51,480 --> 00:42:55,200

I have everything I need,

but things happen, right?

804

00:42:55,200 --> 00:42:56,440

And situations change.

805

00:42:56,440 --> 00:42:59,720

And this is why too,

planning is an ongoing thing.

806

00:42:59,720 --> 00:43:03,840

It's not something that you

do and then you're done.

807

00:43:03,840 --> 00:43:06,680

It's something that you

have to keep up with

808

00:43:06,680 --> 00:43:09,400

and think about things

that may have changed

809

00:43:09,400 --> 00:43:14,040

since the last time you

looked at your plan.

810

00:43:16,920 --> 00:43:20,120

So sheltering in place

as a disabled person.

811

00:43:21,840 --> 00:43:25,560

We know that sheltering in place

means staying where you are

812

00:43:25,560 --> 00:43:28,200

when a disaster emergency happens.

813

00:43:28,200 --> 00:43:33,120

This might be your home,

your workplace, your school,

814

00:43:33,120 --> 00:43:37,400

a day program, a car if you have one.

815

00:43:37,400 --> 00:43:40,440

And so, consider having an emergency kit

816

00:43:40,440 --> 00:43:42,120

in all of these places.

817

00:43:42,120 --> 00:43:47,120

And again, we know that it's

not easy to put together

818

00:43:49,320 --> 00:43:54,320

any kind of shelter in

place or go-bag all at once.

819

00:43:55,800 --> 00:43:58,640

There are things, we're

gonna get into this too,

820

00:43:58,640 --> 00:44:01,600

but there are things that

you need to put in these kits

821

00:44:01,600 --> 00:44:06,600

and go-bags that cost money,

and you may not be able

822

00:44:07,000 --> 00:44:09,800

to do that today or next week.

823

00:44:09,800 --> 00:44:12,360

And again, it's an ongoing thing.

824

00:44:12,360 --> 00:44:17,360

So just something important to think about

825

00:44:17,640 --> 00:44:20,400

is whether where you might want to have

826

00:44:20,400 --> 00:44:24,320

a shelter in place kit or go-bag with you.

827

00:44:25,240 --> 00:44:30,240

If you have to pick up at

work, and just a scenario,

828

00:44:30,960 --> 00:44:35,760

you're at work, a disaster is coming

829

00:44:35,760 --> 00:44:39,000

and you need to go pick up children.

830

00:44:39,000 --> 00:44:44,000

So maybe you need a go-bag in

your workplace you can grab,

831

00:44:44,280 --> 00:44:48,680

if you are going to be able to

get on public transportation

832

00:44:48,680 --> 00:44:52,120

or get in your car and go and get children

833

00:44:52,120 --> 00:44:55,280

before you head to a shelter.

834

00:44:55,280 --> 00:44:58,880

You may wanna be sure

that you have go-bags

835

00:44:58,880 --> 00:45:00,320

available for them.

836

00:45:00,320 --> 00:45:03,680

Maybe think about things

you might want them to have

837

00:45:03,680 --> 00:45:07,640

in a small part of their school backpacks

838

00:45:07,640 --> 00:45:12,640

or however, there's just

so much to think about.

839

00:45:12,920 --> 00:45:14,560

And so, as we go through,

840

00:45:14,560 --> 00:45:18,040

we're gonna cover the usual ones

841

00:45:18,040 --> 00:45:21,120

and also talk about what other

things you might wanna have.

842

00:45:23,120 --> 00:45:25,800

Evacuating as a person with a disability.

843

00:45:27,600 --> 00:45:31,480

So if you're leaving your

home, you need your go-bag

844

00:45:31,480 --> 00:45:33,880

and it needs to be easy to grab.

845

00:45:35,440 --> 00:45:37,080

For places that you go often,

846

00:45:37,080 --> 00:45:42,080

you need to know the accessible

ways out of that place.

847

00:45:43,640 --> 00:45:47,160

And you need to understand

any evacuation instructions

848

00:45:47,160 --> 00:45:50,880

that the place itself may have posted

849

00:45:50,880 --> 00:45:54,680

or may have put together for that place.

850

00:45:54,680 --> 00:45:59,680

When you go somewhere for

a training, a presentation,

851

00:46:00,120 --> 00:46:05,120

just about anything, be sure you know

852

00:46:05,160 --> 00:46:07,440

where those accessible ways

853

00:46:07,440 --> 00:46:10,560

of getting out of the building are.

854

00:46:10,560 --> 00:46:14,680

And it may be the way you

came in, but it may not.

855

00:46:16,640 --> 00:46:18,840

And make sure that you include,

856

00:46:18,840 --> 00:46:21,640

and I'm gonna be more

careful how we say this here,

857

00:46:21,640 --> 00:46:24,120

power equipment chargers.

858

00:46:24,120 --> 00:46:28,040

But be aware that you may need something

859

00:46:28,040 --> 00:46:32,400

that plugs into a battery

pack that's charged.

860

00:46:32,400 --> 00:46:34,080

So that would be something

that you would need

861

00:46:34,080 --> 00:46:36,200

to have charged and at the ready

862

00:46:36,200 --> 00:46:39,320

that you can unplug from the

wall, put it in your go-bag.

863

00:46:39,320 --> 00:46:41,520

Sometimes the things

you need in your go-bag

864

00:46:42,800 --> 00:46:45,280

are not things you can

have in there all the time.

865

00:46:45,280 --> 00:46:47,200

They're things you need to be aware of

866

00:46:47,200 --> 00:46:49,360

that you need to grab and go.

867

00:46:52,320 --> 00:46:56,880

Consumable medical supplies,

if you can put together

868

00:46:56,880 --> 00:47:01,880

enough of those things to get

you through three to five days

869

00:47:02,480 --> 00:47:04,120

and put them into your go-bag.

870

00:47:05,000 --> 00:47:08,520

Communication device, and

that's not just a phone

871

00:47:08,520 --> 00:47:12,720

or a tablet, it may be

something that you use

872

00:47:12,720 --> 00:47:17,720

for communicating with symbols

or something that you use

873

00:47:20,040 --> 00:47:23,960

that does text to speech, you know?

874

00:47:23,960 --> 00:47:25,800

Any kind of communication device

875

00:47:25,800 --> 00:47:28,560

that you use on a daily basis.

876

00:47:30,120 --> 00:47:32,560

Try to grab it and remember to grab it

877

00:47:32,560 --> 00:47:33,840

and bring it with you.

878

00:47:35,000 --> 00:47:38,320

A change of clothes, very important.

879

00:47:40,160 --> 00:47:45,160

Local maps, yes, if you know

what the evacuation routes are

880

00:47:48,000 --> 00:47:51,960

from where you live, we'll

use your home as an example

881

00:47:51,960 --> 00:47:54,520

because a lot of the time

that is where we all are

882

00:47:54,520 --> 00:47:55,760

when these things happen.

883

00:47:57,480 --> 00:48:00,120

It's important to understand

884

00:48:00,120 --> 00:48:02,480

what those evacuation routes are

885

00:48:02,480 --> 00:48:06,000

and maybe have those

maps with you as well.

886

00:48:07,680 --> 00:48:11,400

I think that so many of us rely on GPS,

887

00:48:13,840 --> 00:48:18,200

the maps on our phones, and

tablets, that kind of thing.

888

00:48:18,200 --> 00:48:23,200

But knowing how to figure

out a route on a paper map

889

00:48:24,800 --> 00:48:26,520

is a good skill to have.

890

00:48:26,520 --> 00:48:31,040

If it's one that you're comfortable doing,

891

00:48:31,040 --> 00:48:35,640

it's a really good thing

to know, just in case.

892

00:48:37,400 --> 00:48:41,400

Three bottles of water

that's now, remember too,

893

00:48:41,400 --> 00:48:42,880

we're talking about your go-bag.

894

00:48:42,880 --> 00:48:45,760

Something that you wanna

be able to pick up easily

895

00:48:45,760 --> 00:48:46,960

and take with you.

896

00:48:48,840 --> 00:48:53,840

If you use fidget devices

or any kind of sensory items

897

00:48:54,840 --> 00:48:59,040

like chewy's, a weighted blanket,

898

00:49:01,000 --> 00:49:05,400

whatever you may use to help you cope

899

00:49:05,400 --> 00:49:07,120

with a stressful situation

900

00:49:07,120 --> 00:49:12,120

or anything that you are

comfortable having with you

901

00:49:14,920 --> 00:49:17,760

or that you feel better having with you.

902

00:49:17,760 --> 00:49:22,520

Try to be sure you have at

least those basic things

903

00:49:22,520 --> 00:49:25,640

in your go-bag, or that

you remember to put them

904

00:49:25,640 --> 00:49:27,720

in your go-bag as you go out the door.

905

00:49:31,720 --> 00:49:33,480

And I'm gonna stop for a second

906

00:49:33,480 --> 00:49:36,040

because I don't think I introduced myself.

907

00:49:36,040 --> 00:49:40,480

I'm the Disaster Response

Coordinator for The Partnership,

908

00:49:40,480 --> 00:49:45,480

and my background is 20

years in disaster response,

909

00:49:46,920 --> 00:49:51,920

both as a volunteer, and

then as part of organizations

910

00:49:52,000 --> 00:49:55,680

that respond to the disability

community specifically,

911

00:49:55,680 --> 00:49:58,680

but also seven years with

the American Red Cross

912

00:49:58,680 --> 00:50:02,240

as their Disability

Integration Coordinator

913

00:50:02,240 --> 00:50:06,960

in response and recovery after disasters.

914

00:50:09,120 --> 00:50:10,880

At least let you know who I am.

915

00:50:12,000 --> 00:50:15,320

So when you're talking about evacuating...

916

00:50:15,320 --> 00:50:17,560

- Excuse me, sorry, we have

a question in the room.

917

00:50:17,560 --> 00:50:18,400

- Oh, yes, please.

918

00:50:18,400 --> 00:50:20,000

- Listing was a local map.

919

00:50:20,000 --> 00:50:22,200

They don't make maps anymore.

920

00:50:22,200 --> 00:50:25,920

Are they specifically classifying

like if you have a map

921

00:50:25,920 --> 00:50:28,720

on your cell phone, is

that what she's saying?

922

00:50:28,720 --> 00:50:30,560

- She was saying because of the fact

923

00:50:30,560 --> 00:50:33,480

that a lot of people rely

on the maps on your phones

924

00:50:33,480 --> 00:50:36,080

and you may not have the

internet or it may be down,

925

00:50:36,080 --> 00:50:39,840

that you do wanna look at the

old fashioned good old maps.

926

00:50:39,840 --> 00:50:41,600

- They don't make them.

927

00:50:41,600 --> 00:50:44,920

- I believe (indistinct)

still has maps and...

928

00:50:44,920 --> 00:50:47,160

- I've gone everywhere

and I can't find them.

929

00:50:47,160 --> 00:50:50,360

- I put it down on my list

because it's one of the items

930

00:50:50,360 --> 00:50:52,960

that we don't have in plan.

931

00:50:52,960 --> 00:50:57,240

So as a result of this we'll

be looking into that as well.

932

00:50:57,240 --> 00:51:00,240

- You can't even get 'em at 7-Eleven or...

933

00:51:00,240 --> 00:51:01,920

- You can also, excuse

me, this is Melissa.

934

00:51:01,920 --> 00:51:03,880

You can also print out maps.

935

00:51:03,880 --> 00:51:07,080

- You can print them offline

is what she's saying.

936

00:51:07,080 --> 00:51:09,040

But we're gonna take a

look at what we can do

937

00:51:09,040 --> 00:51:11,520

to have a couple of those as well created

938

00:51:11,520 --> 00:51:13,440

because that's a great idea.

939

00:51:13,440 --> 00:51:14,800

I have another question over here.

940

00:51:14,800 --> 00:51:19,680

- Yes, this is just some good

advice for a lot of people.

941

00:51:19,680 --> 00:51:22,880

We all depend on our cell phones so much

942

00:51:22,880 --> 00:51:27,880

and of course they break

or we don't have a charger.

943

00:51:28,240 --> 00:51:29,760

It's just suggestion.

944

00:51:29,760 --> 00:51:33,640

I took the time to write

down important phone numbers

945

00:51:33,640 --> 00:51:36,480

to have in a little

booklet to have with you

946

00:51:36,480 --> 00:51:40,440

because if your phone is dead, lost,

947

00:51:40,440 --> 00:51:42,480

and there's someone that has a phone,

948

00:51:42,480 --> 00:51:45,040

they can't help you if you don't know

949

00:51:45,040 --> 00:51:46,800

your daughter's phone number,

950

00:51:46,800 --> 00:51:50,800

because everybody changes

their phone numbers so much

951

00:51:50,800 --> 00:51:54,360

that you don't take the

time to write 'em down.

952

00:51:54,360 --> 00:51:58,600

And trust me, from experience

I've had my phone go down

953

00:51:58,600 --> 00:52:03,600

and important doctors,

business, everything

954

00:52:04,520 --> 00:52:08,440

and you can't call 'em 'cause

you don't know the number.

955

00:52:08,440 --> 00:52:12,080

- Right, and as again,

as we move through here,

956

00:52:12,080 --> 00:52:13,680

we're gonna get to things like that too.

957

00:52:13,680 --> 00:52:16,320

But that's an excellent, excellent point.

958

00:52:18,960 --> 00:52:20,320

Any more questions?

959

00:52:22,560 --> 00:52:25,400

- You can get 'em from Triple A

960

00:52:25,400 --> 00:52:26,480

and they'll give 'em to you for free.

961

00:52:27,920 --> 00:52:29,760

- Yeah, oh, I'm sorry.

962

00:52:31,000 --> 00:52:32,720

- That's okay.

963

00:52:32,720 --> 00:52:36,360

Okay, so evacuation, think

about where you'll go.

964

00:52:36,360 --> 00:52:41,360

Family, friends, a neighbor

like Natalie was saying,

965

00:52:41,440 --> 00:52:45,640

finding someone who will be kind enough

966

00:52:45,640 --> 00:52:48,840

to at least give you

a few hours overnight,

967

00:52:48,840 --> 00:52:52,160

a day or two if you do have to evacuate.

968

00:52:54,040 --> 00:52:56,400

Shelters, sometimes those are opened

969

00:52:56,400 --> 00:52:57,880

by your local government.

970

00:52:57,880 --> 00:53:01,000

Sometimes they're opened

and run by Red Cross.

971

00:53:01,920 --> 00:53:06,920

We're gonna give you links and

ways to find those shelters.

972

00:53:07,120 --> 00:53:12,120

Consider places of

worship, lots of churches

973

00:53:12,760 --> 00:53:17,400

open shelters for their communities,

974

00:53:17,400 --> 00:53:19,320

not just for their congregations,

975

00:53:20,960 --> 00:53:23,000

so that's another resource.

976

00:53:23,000 --> 00:53:25,560

And how will you evacuate?

977

00:53:25,560 --> 00:53:30,280

If you have a car, will you

rely on friends or family

978

00:53:30,280 --> 00:53:31,440

to come and get you?

979

00:53:32,280 --> 00:53:35,520

Public bus, paratransit services,

980

00:53:35,520 --> 00:53:37,680

which is going to be the best way for you

981

00:53:37,680 --> 00:53:40,320

or the way that's available to you?

982

00:53:41,960 --> 00:53:44,480

What are your backup plans if paratransit

983

00:53:44,480 --> 00:53:47,760

and other public transit

is not operational?

984

00:53:47,760 --> 00:53:52,440

Or if your car floods

or becomes inoperable

985

00:53:52,440 --> 00:53:54,120

for whatever reason.

986

00:53:55,680 --> 00:53:59,000

All things to think about

as you plan for evacuating.

987

00:54:02,240 --> 00:54:05,640

And it's important to

remember that all you can do

988

00:54:05,640 --> 00:54:08,800

is what you can with what you have.

989

00:54:08,800 --> 00:54:13,760

You may not have enough

money, time, energy,

990

00:54:15,200 --> 00:54:19,440

or other resources to put

together an emergency kit.

991

00:54:19,440 --> 00:54:22,640

You also might not have

enough space for these cases

992

00:54:22,640 --> 00:54:27,640

of water, and boxes of

canned or packaged food,

993

00:54:27,960 --> 00:54:30,560

or extra mobility equipment.

994

00:54:30,560 --> 00:54:35,560

I mean, I can barely find

a place to store the stuff

995

00:54:35,880 --> 00:54:37,640

that I have to have around all the time.

996

00:54:37,640 --> 00:54:40,280

So I totally understand

and I think we all do,

997

00:54:40,280 --> 00:54:43,880

that sometimes space is

limited for these things.

998

00:54:43,880 --> 00:54:47,720

So you have to think about

those most important items.

999

00:54:47,720 --> 00:54:51,080

You know, can you at

least have enough water

1000

00:54:51,080 --> 00:54:56,080

and food that won't go

bad stored somewhere

1001

00:54:56,280 --> 00:54:58,600

that it's not going to

take up too much room.

1002

00:54:59,520 --> 00:55:04,200

But all of these things can

present us with questions,

1003

00:55:04,200 --> 00:55:06,080

you know, how am I going to do this?

1004

00:55:06,080 --> 00:55:08,880

It's okay if you don't have enough money,

1005

00:55:08,880 --> 00:55:10,760

or time, or energy.

1006

00:55:10,760 --> 00:55:12,960

It's okay if you don't have enough space.

1007

00:55:12,960 --> 00:55:17,400

Any planning you can do is

better than no planning at all.

1008

00:55:21,240 --> 00:55:24,880

So here are some first

things to put in your kit.

1009

00:55:26,160 --> 00:55:28,920

If you have any amount of money to use,

1010

00:55:28,920 --> 00:55:30,680

buy at least a three day supply

1011

00:55:30,680 --> 00:55:32,880

of important things like water.

1012

00:55:32,880 --> 00:55:36,720

You need one gallon per person per day.

1013

00:55:36,720 --> 00:55:40,960

And that's for drinking,

brushing, teeth, washing off,

1014

00:55:40,960 --> 00:55:43,680

mixing powdered foods.

1015

00:55:46,000 --> 00:55:49,840

If there are food supplements

or liquids that you need,

1016

00:55:49,840 --> 00:55:53,640

then you need that bottled

water to prepare that

1017

00:55:53,640 --> 00:55:58,080

in the event that the water

where you are is not drinkable.

1018

00:56:00,000 --> 00:56:02,680

Canned or packaged food that won't go bad.

1019

00:56:02,680 --> 00:56:07,680

And a battery operated or

hand operated can opener,

1020

00:56:09,240 --> 00:56:14,240

preferably both, but mainly,

whichever is easiest for you.

1021

00:56:15,840 --> 00:56:19,600

Flashlights and batteries

and a first aid kit.

1022

00:56:19,600 --> 00:56:24,600

And that can be as basic as

some antibiotic ointment,

1023

00:56:26,440 --> 00:56:31,440

bandaids, gauze, a little tape,

1024

00:56:31,520 --> 00:56:36,240

but enough that you can

do some basic first aid

1025

00:56:36,240 --> 00:56:38,600

if you or someone in your family

1026

00:56:38,600 --> 00:56:40,200

or in your household gets hurt.

1027

00:56:44,680 --> 00:56:48,360

Other things that you can

think about adding to your kit.

1028

00:56:48,360 --> 00:56:53,360

Masks, and this is not just

masks for covering your face

1029

00:56:56,360 --> 00:57:00,320

to keep from being exposed

to viruses and illness.

1030

00:57:01,520 --> 00:57:04,040

You may want to think

about the type of masks

1031

00:57:04,040 --> 00:57:08,040

that filter out air particles

1032

00:57:08,040 --> 00:57:11,480

that you shouldn't be exposed to.

1033

00:57:11,480 --> 00:57:14,840

And we'll get into that more as we go.

1034

00:57:14,840 --> 00:57:19,320

Solar powered battery chargers

for phones or other devices.

1035

00:57:20,200 --> 00:57:25,200

A hand crank radio, and those

are not battery operated,

1036

00:57:26,040 --> 00:57:27,920

they're actually hand crank.

1037

00:57:27,920 --> 00:57:32,920

So you turn a crank on the

radio, and you keep on,

1038

00:57:33,200 --> 00:57:35,760

and it will have some

way to indicate to you

1039

00:57:35,760 --> 00:57:38,600

that it's powered up.

1040

00:57:38,600 --> 00:57:42,120

And then you'll be able to

listen for weather alerts

1041

00:57:42,120 --> 00:57:44,240

and emergency alerts.

1042

00:57:44,240 --> 00:57:48,400

The National Oceanic and

Atmospheric Administration

1043

00:57:48,400 --> 00:57:50,760

also has a weather radio.

1044

00:57:52,120 --> 00:57:55,160

Those are tuned specifically

1045

00:57:55,160 --> 00:57:59,880

for weather related emergency alerts.

1046

00:58:01,200 --> 00:58:02,960

Plastic sheeting and duct tape.

1047

00:58:02,960 --> 00:58:05,640

These are the items I

referred to earlier about

1048

00:58:05,640 --> 00:58:09,040

that you may need to seal

off chimneys, and windows,

1049

00:58:09,040 --> 00:58:14,040

and around doors so

that if the air outside

1050

00:58:15,320 --> 00:58:18,760

is not fit to breathe, it's

not coming into your home.

1051

00:58:21,280 --> 00:58:25,280

Moist towelettes, garbage

bags, plastic ties,

1052

00:58:25,280 --> 00:58:27,960

these are for sanitation.

1053

00:58:27,960 --> 00:58:29,520

If you can't flush the toilet,

1054

00:58:32,440 --> 00:58:35,720

if you're not able to do those

usual things you would do,

1055

00:58:35,720 --> 00:58:39,360

handle a different way if

you had water or power,

1056

00:58:41,120 --> 00:58:43,120

that's what these are primarily for.

1057

00:58:43,120 --> 00:58:45,240

And also just disposing of general trash

1058

00:58:45,240 --> 00:58:46,400

and that sort of thing.

1059

00:58:50,480 --> 00:58:55,200

And then other things for

your kit, a wrench or pliers.

1060

00:58:55,200 --> 00:58:59,360

These are tools to turn off

utilities like under the sink,

1061

00:58:59,360 --> 00:59:04,360

turning off the water,

a whistle, an air horn.

1062

00:59:05,400 --> 00:59:08,920

One of those really loud things

that people like to bring

1063

00:59:08,920 --> 00:59:13,200

to sporting events and

concerts, that kind of thing,

1064

00:59:13,200 --> 00:59:14,920

that make loud noises.

1065

00:59:14,920 --> 00:59:18,760

And there are smartphone

apps that if you are able,

1066

00:59:18,760 --> 00:59:22,760

and you don't have to have cell reception

1067

00:59:22,760 --> 00:59:25,440

to be able to use these, but

they'll make alarm sounds.

1068

00:59:25,440 --> 00:59:30,360

Ways to alert people if

you're trapped under stuff

1069

00:59:30,360 --> 00:59:34,560

that's collapsed in your home

in a storm, or an earthquake,

1070

00:59:34,560 --> 00:59:36,000

or some other event.

1071

00:59:36,880 --> 00:59:41,880

If you are in an attic because

you had to climb higher

1072

00:59:42,920 --> 00:59:46,440

to get away from rising water.

1073

00:59:46,440 --> 00:59:50,600

But ways to alert people that

I'm here and I need help.

1074

00:59:57,120 --> 00:59:59,600

And planning without using money.

1075

00:59:59,600 --> 01:00:02,200

Not having money does

not mean you can't do

1076

01:00:02,200 --> 01:00:03,680

any disaster planning.

1077

01:00:04,520 --> 01:00:08,880

Again, The Partnership has

general no cost preparedness tips

1078

01:00:08,880 --> 01:00:13,880

that will help you plan

for, and also find things.

1079

01:00:15,480 --> 01:00:17,520

So finding free things for your go-bag

1080

01:00:17,520 --> 01:00:19,200

or your shelter in place kit.

1081

01:00:20,080 --> 01:00:23,400

Food pantries, faith-based

groups like your church

1082

01:00:23,400 --> 01:00:27,320

or other organizations, other

nonprofits in your community,

1083

01:00:27,320 --> 01:00:31,400

maybe able to help with

some of these items.

1084

01:00:31,400 --> 01:00:35,000

And I see the interpreter

has frozen, so I'm gonna...

1085

01:00:40,880 --> 01:00:45,880

Oh, there we go, I think we have you now.

1086

01:00:46,400 --> 01:00:48,760

Oh, okay, let's try again.

1087

01:00:56,720 --> 01:00:58,280

I think so, I think we're good.

1088

01:00:59,720 --> 01:01:03,000

Okay, and watch for

preparedness events that,

1089

01:01:04,080 --> 01:01:09,080

the center may hold these, Red

Cross sometimes we'll have,

1090

01:01:09,480 --> 01:01:10,680

oh, we're frozen.

1091

01:01:15,960 --> 01:01:17,880

Okay, I'm gonna ask the room.

1092

01:01:17,880 --> 01:01:20,600

Are we doing okay now

with the interpreter?

1093

01:01:23,120 --> 01:01:24,840

- We're okay here on our side.

1094

01:01:25,720 --> 01:01:27,200

- Okay, thank you.

1095

01:01:28,400 --> 01:01:30,880

So watch for preparedness events

1096

01:01:30,880 --> 01:01:32,400

that may go on in your community.

1097

01:01:32,400 --> 01:01:35,400

Red Cross, your healthcare providers.

1098

01:01:35,400 --> 01:01:36,600

- Interpreter is frozen.

1099

01:01:38,120 --> 01:01:38,960

- Okay.

1100

01:01:45,480 --> 01:01:47,120

- She's okay now.

1101

01:01:47,120 --> 01:01:52,120

- Okay, important papers.

1102

01:01:56,200 --> 01:01:59,320

Keep important papers in a waterproof bag,

1103

01:01:59,320 --> 01:02:04,320

that can be a gallon size

Ziploc or they make larger ones

1104

01:02:04,920 --> 01:02:09,720

that you can keep files

in and that kind of thing.

1105

01:02:10,680 --> 01:02:14,680

And save them on a computer, tablet,

1106

01:02:14,680 --> 01:02:17,200

your phone if at all possible.

1107

01:02:17,200 --> 01:02:20,440

You can take pictures of papers

1108

01:02:20,440 --> 01:02:23,360

and store them on your phone.

1109

01:02:23,360 --> 01:02:26,160

It's just important that you

be able to produce copies

1110

01:02:26,160 --> 01:02:31,160

of birth certificates, marriage

licenses, divorce decrees,

1111

01:02:32,680 --> 01:02:33,760

all sorts of things

1112

01:02:33,760 --> 01:02:38,160

that help with proving

identity, ownership.

1113

01:02:39,560 --> 01:02:43,680

If you get a bill from a utility company,

1114

01:02:43,680 --> 01:02:46,600

it's not a bad idea to have a copy

1115

01:02:46,600 --> 01:02:50,520

of a fairly recent bill

from a utility company

1116

01:02:50,520 --> 01:02:52,480

because it proves your address.

1117

01:02:54,600 --> 01:02:59,240

If you have them include a list

of your emergency contacts,

1118

01:02:59,240 --> 01:03:02,320

like our person in the

room was saying earlier.

1119

01:03:03,640 --> 01:03:06,600

You can have those in a paper address book

1120

01:03:06,600 --> 01:03:09,920

for those of you who remember

what those look like.

1121

01:03:12,080 --> 01:03:15,920

A copy of your house or

apartment lease, your mortgage

1122

01:03:15,920 --> 01:03:20,920

or the deed to your home, health insurance

1123

01:03:21,080 --> 01:03:25,840

and primary doctor

information, copies of IDs,

1124

01:03:25,840 --> 01:03:30,000

whether that's a driver's

license or a state ID,

1125

01:03:30,000 --> 01:03:35,000

a student ID, birth certificates,

social security cards

1126

01:03:35,200 --> 01:03:39,840

or green cards if that's

applicable to your situation.

1127

01:03:42,280 --> 01:03:43,760

Oh, too fast.

1128

01:03:44,640 --> 01:03:47,040

Other important papers.

1129

01:03:47,040 --> 01:03:51,600

If you can, include

prescription medication details.

1130

01:03:51,600 --> 01:03:56,000

And I know that you can go to

your pharmacy a lot of times

1131

01:03:56,000 --> 01:03:58,960

and ask them to print out a list for you

1132

01:03:58,960 --> 01:04:02,400

if you can't do that at

home for whatever reason,

1133

01:04:03,320 --> 01:04:04,880

they can provide you with that.

1134

01:04:05,880 --> 01:04:07,320

Dietary requirements.

1135

01:04:07,320 --> 01:04:09,880

Do you, I'm diabetic

1136

01:04:09,880 --> 01:04:14,280

and so I have specific dietary

requirements around that.

1137

01:04:14,280 --> 01:04:18,880

So that's good information

to be able to call on

1138

01:04:18,880 --> 01:04:20,680

and produce if you need to.

1139

01:04:20,680 --> 01:04:23,680

If you're in a shelter,

you'll wanna let them know

1140

01:04:23,680 --> 01:04:25,480

what you can or can't eat.

1141

01:04:26,960 --> 01:04:29,880

Information on your personal equipment,

1142

01:04:29,880 --> 01:04:33,880

any kind of assistive

devices, mobility devices.

1143

01:04:33,880 --> 01:04:38,880

You know, when's the last

time, how old is the device?

1144

01:04:40,360 --> 01:04:42,360

How long have you had it?

1145

01:04:42,360 --> 01:04:44,760

Does it anything relating to warranties

1146

01:04:44,760 --> 01:04:45,880

and that kind of thing?

1147

01:04:46,800 --> 01:04:49,960

Service animal or pet vet records

1148

01:04:49,960 --> 01:04:54,880

and any microchip information

if your pet is microchipped.

1149

01:04:58,840 --> 01:05:02,120

Shot records I know are required.

1150

01:05:02,120 --> 01:05:05,440

And again, this is something

you can take a picture of

1151

01:05:05,440 --> 01:05:07,520

and have it on your phone,

1152

01:05:07,520 --> 01:05:11,280

but also something that you

can include a paper copy

1153

01:05:11,280 --> 01:05:14,520

if you're putting these things together

1154

01:05:14,520 --> 01:05:15,960

to be able to grab and go.

1155

01:05:20,640 --> 01:05:23,080

- Okay, I'm gonna jump in now.

1156

01:05:23,080 --> 01:05:23,920

- Yes.

1157

01:05:23,920 --> 01:05:26,880

- And we're gonna talk

about disability readiness.

1158

01:05:26,880 --> 01:05:30,000

Things you need to think about

as somebody with a disability

1159

01:05:30,000 --> 01:05:32,280

regarding your equipment and supplies.

1160

01:05:32,280 --> 01:05:33,920

So first, think about your equipment,

1161

01:05:33,920 --> 01:05:35,360

if you use a wheelchair.

1162

01:05:35,360 --> 01:05:37,400

- Melissa, I'm sorry to interrupt you,

1163

01:05:37,400 --> 01:05:39,360

but do you wanna turn your camera on?

1164

01:05:39,360 --> 01:05:40,320

- Oh, sorry about that.

1165

01:05:40,320 --> 01:05:41,120

- That's okay.

1166

01:05:42,080 --> 01:05:43,560

- Sorry about that.

1167

01:05:43,560 --> 01:05:44,480

- No worries.

1168

01:05:46,000 --> 01:05:50,840

- Okay, so think about your equipment.

1169

01:05:50,840 --> 01:05:54,200

Think about do you use a

wheelchair, do you use a scooter,

1170

01:05:54,200 --> 01:05:58,720

walker, cane, white cane,

hearing aid or aids,

1171

01:05:58,720 --> 01:06:02,160

speech devices, and

breathing machines, CPAP.

1172

01:06:03,960 --> 01:06:06,520

Now think about which of

these needs power to function.

1173

01:06:06,520 --> 01:06:08,440

Your CPAP's gonna need power to function.

1174

01:06:08,440 --> 01:06:12,000

Your wheelchair, your

scooter, your hearing aids

1175

01:06:12,000 --> 01:06:13,800

need batteries, all of those things.

1176

01:06:13,800 --> 01:06:16,320

So think about backups

for all of those things.

1177

01:06:16,320 --> 01:06:19,200

And what other supplies do you

need to maintain your health?

1178

01:06:19,200 --> 01:06:21,640

That might be urinary or bowel supplies,

1179

01:06:21,640 --> 01:06:24,200

wound care supplies, gloves, wipes,

1180

01:06:24,200 --> 01:06:25,360

all kinds of things like that.

1181

01:06:25,360 --> 01:06:28,000

Just have that in mind

when you're planning.

1182

01:06:28,000 --> 01:06:32,960

Next please, next please, Shari.

1183

01:06:32,960 --> 01:06:35,040

And think about your communication needs.

1184

01:06:35,040 --> 01:06:36,360

Do you use ASL?

1185

01:06:36,360 --> 01:06:37,920

Do you use a communication device?

1186

01:06:37,920 --> 01:06:40,160

Do you use a communication board?

1187

01:06:40,160 --> 01:06:41,720

Do you require large print?

1188

01:06:41,720 --> 01:06:45,600

Things like that, keep that in mind.

1189

01:06:45,600 --> 01:06:48,440

What's your communication

plan for everybody

1190

01:06:48,440 --> 01:06:50,920

if you're unable to

communicate during a disaster.

1191

01:06:52,080 --> 01:06:53,440

Are you gonna use a communication board

1192

01:06:53,440 --> 01:06:55,240

as backup for a synthesizer?

1193

01:06:55,240 --> 01:06:56,640

Are you gonna call on your support network

1194

01:06:56,640 --> 01:06:58,920

or if they're available, are

you gonna use a paper and pen?

1195

01:06:58,920 --> 01:07:00,480

What are you gonna do?

1196

01:07:00,480 --> 01:07:03,080

How will you communicate

with your circle of support?

1197

01:07:03,080 --> 01:07:04,880

Plan this out with them ahead of time.

1198

01:07:04,880 --> 01:07:05,720

Next please.

1199

01:07:07,920 --> 01:07:10,280

So planning for disasters

when you live alone

1200

01:07:10,280 --> 01:07:13,320

and use at tenant services

or direct support staff.

1201

01:07:13,320 --> 01:07:15,240

It's important for

people with disabilities

1202

01:07:15,240 --> 01:07:18,600

to have the option to live

independently by themselves,

1203

01:07:18,600 --> 01:07:20,080

just like everybody else.

1204

01:07:20,080 --> 01:07:22,560

Living alone makes it

more critical to plan

1205

01:07:22,560 --> 01:07:24,240

with your disability in mind.

1206

01:07:24,240 --> 01:07:26,080

So what you wanna do is think about

1207

01:07:26,080 --> 01:07:29,360

how you meet your disability

needs if you had no attendant

1208

01:07:29,360 --> 01:07:31,280

or no direct support staff there.

1209

01:07:31,280 --> 01:07:33,520

Because we all know sometimes

people don't show up,

1210

01:07:33,520 --> 01:07:36,480

in a disaster, they're

more likely to not show up.

1211

01:07:36,480 --> 01:07:37,280

Next please.

1212

01:07:38,840 --> 01:07:42,120

And again, planning with

your disability in mind

1213

01:07:42,120 --> 01:07:45,000

might look like building

relationships with people nearby.

1214

01:07:45,000 --> 01:07:46,600

Be friends with your neighbors

1215

01:07:46,600 --> 01:07:48,400

even though you don't like

listening to their music

1216

01:07:48,400 --> 01:07:49,600

when they play it too loud.

1217

01:07:49,600 --> 01:07:53,160

Become friends with them, it

could be on a first name basis.

1218

01:07:53,160 --> 01:07:54,720

Talk to each other, make the effort.

1219

01:07:54,720 --> 01:07:57,120

Don't just wait till the

disaster knocks on the door.

1220

01:07:57,120 --> 01:08:00,080

Hi, my name is so and so,

you seem to live next door.

1221

01:08:00,080 --> 01:08:03,600

You know, just chat as much as you can.

1222

01:08:03,600 --> 01:08:05,160

Having food that you can easily eat

1223

01:08:05,160 --> 01:08:07,680

and meets your dietary

needs in your emergency kit.

1224

01:08:09,000 --> 01:08:10,960

If you use a low salt diet,

1225

01:08:10,960 --> 01:08:12,640

make sure that's in your emergency kit.

1226

01:08:12,640 --> 01:08:16,640

And I'm gonna skip 43 Shari,

if we can go to slide 40,

1227

01:08:16,640 --> 01:08:18,000

so sorry, it's 51.

1228

01:08:19,400 --> 01:08:22,640

Planning for disasters with

and without social networks.

1229

01:08:22,640 --> 01:08:24,280

So what's a social network?

1230

01:08:24,280 --> 01:08:27,840

That's a fancy word from

the people you hang with.

1231

01:08:27,840 --> 01:08:30,240

It can be your friends, family, neighbors,

1232

01:08:30,240 --> 01:08:32,880

people you work with, service providers,

1233

01:08:32,880 --> 01:08:34,360

just other folks in your life.

1234

01:08:35,280 --> 01:08:38,560

Social network can really

help you when preparing,

1235

01:08:38,560 --> 01:08:41,280

when it when exists or if you want one.

1236

01:08:41,280 --> 01:08:43,360

Not everybody wants a social

network and that's okay.

1237

01:08:43,360 --> 01:08:44,720

But if you want one and you have one

1238

01:08:44,720 --> 01:08:46,600

or you wanna build one, that is great.

1239

01:08:46,600 --> 01:08:47,440

Next, please.

1240

01:08:49,760 --> 01:08:51,720

Again, you may or may not

want a social network.

1241

01:08:51,720 --> 01:08:54,160

You can still plan for

disasters, not an excuse.

1242

01:08:54,160 --> 01:08:56,240

"I don't have a social network,"

well, you still gotta plan.

1243

01:08:56,240 --> 01:08:58,200

You get a plan even more probably.

1244

01:08:58,200 --> 01:09:01,560

Consider how a disaster

might affect your daily life

1245

01:09:01,560 --> 01:09:04,640

and how a disaster might

disrupt your routine.

1246

01:09:06,000 --> 01:09:06,840

Next, please.

1247

01:09:08,760 --> 01:09:12,800

Planning for disasters, I see

your interpreter is frozen.

1248

01:09:18,360 --> 01:09:20,760

I see her again, okay,

planning for disasters.

1249

01:09:27,720 --> 01:09:29,400

Planning for disasters alone.

1250

01:09:35,520 --> 01:09:40,520

Some questions to think about include,

1251

01:09:40,520 --> 01:09:43,440

what would you do if you lose water,

1252

01:09:44,440 --> 01:09:48,680

electricity, cell phone connectivity,

1253

01:09:49,640 --> 01:09:54,360

and or an internet access for

several days, maybe longer?

1254

01:09:55,320 --> 01:09:58,200

Would you be comfortable

sheltering in place by yourself?

1255

01:09:59,040 --> 01:10:02,680

Do you have the supplies you

need to shelter in place?

1256

01:10:02,680 --> 01:10:05,760

If you decide to evacuate,

to bug out, to go,

1257

01:10:05,760 --> 01:10:07,160

will you need help?

1258

01:10:07,160 --> 01:10:09,040

Do you have a plan for how

you'll get to a shelter

1259

01:10:09,040 --> 01:10:10,480

if you wanna go to a shelter?

1260

01:10:11,560 --> 01:10:12,400

Next, please.

1261

01:10:13,960 --> 01:10:15,520

Planning with a social network.

1262

01:10:16,920 --> 01:10:18,640

Some ideas for planning

with social network.

1263

01:10:18,640 --> 01:10:22,160

Like I said before, build

relationships with your neighbors.

1264

01:10:22,160 --> 01:10:23,880

Exchange contact information.

1265

01:10:23,880 --> 01:10:26,400

Give them your phone number,

have them give you yours.

1266

01:10:26,400 --> 01:10:28,960

Agree to check in on each

other if something bad happens

1267

01:10:28,960 --> 01:10:31,520

or if there's a disaster

or extreme weather.

1268

01:10:31,520 --> 01:10:32,520

And if you live alone

1269

01:10:32,520 --> 01:10:34,800

and need assistance with

tasks of daily living,

1270

01:10:34,800 --> 01:10:36,560

considering making a plan with a neighbor

1271

01:10:36,560 --> 01:10:37,880

for help in an emergency,

1272

01:10:37,880 --> 01:10:39,440

and probably some ways

you can help them out.

1273

01:10:39,440 --> 01:10:40,720

It doesn't have to be all one sided.

1274

01:10:40,720 --> 01:10:42,840

You can help them, they can help you.

1275

01:10:42,840 --> 01:10:43,640

Next, please.

1276

01:10:45,440 --> 01:10:48,120

Create what we call a

cultural preparedness.

1277

01:10:48,120 --> 01:10:51,280

Know that a disaster can happen anytime

1278

01:10:51,280 --> 01:10:53,320

with or without notice.

1279

01:10:53,320 --> 01:10:54,680

Update your plan regularly.

1280

01:10:54,680 --> 01:10:56,680

It's easy to say, "Oh, it's

one, it's done, it's over."

1281

01:10:56,680 --> 01:10:59,480

No, you gotta keep

revisiting it over and over.

1282

01:10:59,480 --> 01:11:01,760

Again, make preparedness

part of your routine.

1283

01:11:01,760 --> 01:11:03,480

And we can go to slide 57, Shari.

1284

01:11:05,640 --> 01:11:08,440

Your plan, oh, sorry, I'm gonna...

1285

01:11:08,440 --> 01:11:13,440

Yeah, let's go to 58, Shari, your plan.

1286

01:11:14,160 --> 01:11:19,160

Next, think about a personal

preparedness checklist.

1287

01:11:19,320 --> 01:11:21,240

Make sure you're staying informed

1288

01:11:21,240 --> 01:11:23,160

if it has staying informed resources.

1289

01:11:24,280 --> 01:11:26,960

You have an emergency kit checklist,

1290

01:11:26,960 --> 01:11:29,560

disability related preparedness guide,

1291

01:11:29,560 --> 01:11:30,960

and your plan and guide.

1292

01:11:30,960 --> 01:11:31,800

Next, please.

1293

01:11:33,120 --> 01:11:35,600

Now we're gonna look at the

personal preparedness checklist.

1294

01:11:35,600 --> 01:11:38,480

And I think, Renee, did you

make copies of these for folks?

1295

01:11:40,440 --> 01:11:42,200

- Yes, I did, and I was just out the door

1296

01:11:42,200 --> 01:11:43,680

to go get them as you speak.

1297

01:11:43,680 --> 01:11:46,520

- Okay, well I'll just go

through some of the pages of them

1298

01:11:46,520 --> 01:11:48,000

'cause we're a little short on time,

1299

01:11:48,000 --> 01:11:49,080

so I'll just go through them

1300

01:11:49,080 --> 01:11:51,320

and you can follow along

with me in the slides.

1301

01:11:51,320 --> 01:11:54,200

And Renee's gonna be

bringing them to you, okay?

1302

01:11:54,200 --> 01:11:58,680

So on page three, it talks about

staying informed resources,

1303

01:11:59,680 --> 01:12:01,960

signing up for local emergency alerts.

1304

01:12:01,960 --> 01:12:02,800

You can do that, right?

1305

01:12:02,800 --> 01:12:04,640

If you do that, you can check that off.

1306

01:12:05,520 --> 01:12:07,160

Download the FEMA app

1307

01:12:08,120 --> 01:12:10,920

that's available on Google

Play in the app store,

1308

01:12:10,920 --> 01:12:13,920

and people at the SIL

can help you with that.

1309

01:12:15,120 --> 01:12:18,240

You could also download the

Red Cross emergency app,

1310

01:12:18,240 --> 01:12:20,880

and that's available on

Google Play, the app store,

1311

01:12:20,880 --> 01:12:23,440

and on the Amazon app store.

1312

01:12:23,440 --> 01:12:26,920

And again, people at the

center can help you do that.

1313

01:12:26,920 --> 01:12:27,760

Because we're a little short in time,

1314

01:12:27,760 --> 01:12:29,880

we're not gonna talk about that a lot.

1315

01:12:29,880 --> 01:12:30,720

Next, please.

1316

01:12:32,720 --> 01:12:35,720

Your emergency kit, do

you have a complete change

1317

01:12:35,720 --> 01:12:39,360

of clothing appropriate for

your climate and sturdy shoes?

1318

01:12:39,360 --> 01:12:41,080

That's a little less challenging for you.

1319

01:12:41,080 --> 01:12:44,720

I'd have to rotate mine for

winter stuff and summer stuff.

1320

01:12:44,720 --> 01:12:46,320

Do you have a fire extinguisher?

1321

01:12:47,520 --> 01:12:50,400

Do you have period hygiene supplies?

1322

01:12:50,400 --> 01:12:52,680

Do you have paper cups,

paper plates, towels,

1323

01:12:52,680 --> 01:12:54,160

and plastic utensils?

1324

01:12:55,800 --> 01:12:58,120

Paper and pen, pencil and marker?

1325

01:13:00,600 --> 01:13:02,480

Matches in a waterproof container

1326

01:13:02,480 --> 01:13:05,000

and other personal hygiene items.

1327

01:13:05,000 --> 01:13:07,840

Just some books, games,

puzzles, fidget devices,

1328

01:13:07,840 --> 01:13:09,840

maybe things to keep

you from getting bored

1329

01:13:09,840 --> 01:13:11,080

to pass the time.

1330

01:13:11,080 --> 01:13:11,920

Next, please.

1331

01:13:14,080 --> 01:13:16,440

On the personal preparedness

checklist page five,

1332

01:13:16,440 --> 01:13:19,160

you'll see the steps, the circles,

1333

01:13:19,160 --> 01:13:21,200

and they're all circles in various colors

1334

01:13:21,200 --> 01:13:24,360

going from dark red to like a yellow.

1335

01:13:24,360 --> 01:13:27,480

And it's, build your

kit to meet your needs.

1336

01:13:28,400 --> 01:13:31,040

Prepare to go-bag to survive

for at least three days,

1337

01:13:31,040 --> 01:13:32,240

probably longer even.

1338

01:13:33,240 --> 01:13:36,440

Keep your kit in a cool dry

place out of direct sunlight.

1339

01:13:37,680 --> 01:13:40,200

Prepare a two week shelter in place kit.

1340

01:13:40,200 --> 01:13:43,800

So your go-bag is three days.

1341

01:13:43,800 --> 01:13:46,600

Your shelter in place is two weeks.

1342

01:13:47,480 --> 01:13:50,040

Check on and update

your supplies as needed,

1343

01:13:50,040 --> 01:13:52,720

every six months you should do this.

1344

01:13:52,720 --> 01:13:53,840

Do it with a change of season

1345

01:13:53,840 --> 01:13:55,600

so you'll know and you'll remember.

1346

01:13:56,520 --> 01:13:59,320

And also, know escape routes

where disaster services

1347

01:13:59,320 --> 01:14:01,880

are provided in a fire or other emergency.

1348

01:14:01,880 --> 01:14:04,880

You may have to suddenly evacuate anytime.

1349

01:14:05,760 --> 01:14:07,880

Next slide please, slide 63, yes.

1350

01:14:09,360 --> 01:14:12,120

Again, look at what equipment do I use?

1351

01:14:12,120 --> 01:14:15,000

Do I use a wheelchair,

scooter, check that.

1352

01:14:15,000 --> 01:14:17,160

Walker, check that if you use it.

1353

01:14:17,160 --> 01:14:21,000

Hearing aids, Hoyer lift, important.

1354

01:14:21,000 --> 01:14:24,000

Breathing machine like a

ventilator or a respirator.

1355

01:14:24,000 --> 01:14:25,600

You can also add a CPAP to that.

1356

01:14:26,480 --> 01:14:31,480

Oxygen suction or home dialysis

equipment, speech device,

1357

01:14:31,640 --> 01:14:35,160

white cane, commode

chair, or anything else.

1358

01:14:35,160 --> 01:14:36,840

Is there any other equipment you use?

1359

01:14:36,840 --> 01:14:39,240

And please write that in when you get it.

1360

01:14:41,240 --> 01:14:42,200

And next, please.

1361

01:14:43,920 --> 01:14:47,080

Which of this equipment

needs power to function?

1362

01:14:47,080 --> 01:14:48,600

Wheelchair or scooter?

1363

01:14:48,600 --> 01:14:51,080

Scooters do, wheelchairs more and more,

1364

01:14:51,080 --> 01:14:53,120

unless of a manual wheelchair.

1365

01:14:53,120 --> 01:14:55,600

Speech device might need batteries.

1366

01:14:55,600 --> 01:14:59,880

Ventilator, respirator, CPAP needs power.

1367

01:15:01,200 --> 01:15:04,120

Medicine, does it need

to be kept refrigerated,

1368

01:15:04,120 --> 01:15:06,200

like insulin needs to

be kept refrigerated,

1369

01:15:06,200 --> 01:15:08,280

and other medications too.

1370

01:15:09,120 --> 01:15:12,960

Hearing aids need batteries,

Hoyer liftS needs power.

1371

01:15:14,440 --> 01:15:16,920

Write in what others and

if they need power or not,

1372

01:15:16,920 --> 01:15:18,640

what kind of power they might need.

1373

01:15:18,640 --> 01:15:19,480

Next please.

1374

01:15:22,520 --> 01:15:26,000

And your personal preparedness

checklist for page eight is,

1375

01:15:26,000 --> 01:15:29,640

my plan for sheltering in place is,

1376

01:15:29,640 --> 01:15:31,680

this is what I'm gonna do.

1377

01:15:31,680 --> 01:15:33,440

I'm gonna have a kit.

1378

01:15:33,440 --> 01:15:35,280

I'm gonna communicate with these people,

1379

01:15:35,280 --> 01:15:38,160

using these ways to

communicate with these people.

1380

01:15:38,160 --> 01:15:40,560

I have my materials in my kit.

1381

01:15:40,560 --> 01:15:42,680

I'm going to stay in this and such room

1382

01:15:42,680 --> 01:15:44,120

and this and such circumstances.

1383

01:15:44,120 --> 01:15:47,640

This is what I'm going to do

if I need to stay in place.

1384

01:15:47,640 --> 01:15:50,520

I'm gonna put plastic on the windows.

1385

01:15:50,520 --> 01:15:53,040

I'm gonna use duct tape

if there's radiation,

1386

01:15:53,040 --> 01:15:54,480

like this is what you're gonna do,

1387

01:15:54,480 --> 01:15:56,040

what your personal emergency plan

1388

01:15:56,040 --> 01:15:57,960

for sheltering in place is.

1389

01:15:57,960 --> 01:15:58,760

Next, please.

1390

01:16:01,520 --> 01:16:05,040

My communication plan, so

that's my support network.

1391

01:16:05,040 --> 01:16:08,640

This is who I'm gonna

contact, who they are.

1392

01:16:08,640 --> 01:16:12,360

My best friend so-and-so,

and my BFF's phone number is,

1393

01:16:13,400 --> 01:16:17,400

my BFF's email is, this is how

I can get in touch with them.

1394

01:16:17,400 --> 01:16:21,720

My sister's email, my brother's

email and phone number.

1395

01:16:21,720 --> 01:16:24,480

My parents' email, my kids' email

1396

01:16:24,480 --> 01:16:28,400

anyone who you want to be part

and let know what's happening

1397

01:16:28,400 --> 01:16:30,360

and keep updated about what's going on.

1398

01:16:31,760 --> 01:16:36,760

Okay, and now I'm going

to go to a few resources

1399

01:16:37,200 --> 01:16:41,080

I'm gonna talk about, and

then we're gonna go back.

1400

01:16:41,080 --> 01:16:42,840

- We have a quick question in here.

1401

01:16:42,840 --> 01:16:43,680

- Please.

1402

01:16:43,680 --> 01:16:48,680

- Okay, I wanna know

more about the radiation.

1403

01:16:48,960 --> 01:16:51,760

It's like, during hurricanes you shelter

1404

01:16:51,760 --> 01:16:52,920

and board up your windows.

1405

01:16:52,920 --> 01:16:57,400

Like what protects you

from the radiation stuff?

1406

01:16:57,400 --> 01:17:01,720

If you don't evacuate, where

do you go to shelter yourself?

1407

01:17:01,720 --> 01:17:03,480

Under a bed, where?

1408

01:17:03,480 --> 01:17:04,960

- In your house.

1409

01:17:04,960 --> 01:17:08,800

I would say in your house,

if you can duct tape windows.

1410

01:17:08,800 --> 01:17:11,520

If you've been outside,

clean yourself off.

1411

01:17:11,520 --> 01:17:15,960

It's a good time, if you have

power, listen to TV, radio,

1412

01:17:15,960 --> 01:17:18,000

if you have internet connectivity.

1413

01:17:18,000 --> 01:17:19,200

Do what they tell you to do.

1414

01:17:19,200 --> 01:17:21,280

'Cause it's gonna vary

from how far you were

1415

01:17:21,280 --> 01:17:22,800

away from the radiation leak.

1416

01:17:22,800 --> 01:17:24,680

So it's again, people

telling you what to do.

1417

01:17:24,680 --> 01:17:26,920

This is why having a hand crank radio

1418

01:17:26,920 --> 01:17:28,480

is really, really important

1419

01:17:28,480 --> 01:17:30,560

because then you can

have contact with people.

1420

01:17:30,560 --> 01:17:32,560

Shari, do you have anything

to add to that quickly?

1421

01:17:32,560 --> 01:17:33,400

- So what if the power goes out

1422

01:17:33,400 --> 01:17:36,280

and there's a blackout

during this radiation?

1423

01:17:37,160 --> 01:17:41,320

- Yeah, a hand crank radio

doesn't require any power.

1424

01:17:41,320 --> 01:17:44,040

You power it yourself by

cranking with your hand.

1425

01:17:44,040 --> 01:17:45,600

- Right.

1426

01:17:45,600 --> 01:17:48,040

- And also having, if there's

internet connectivity,

1427

01:17:48,040 --> 01:17:49,800

having a solar charger for your phone

1428

01:17:49,800 --> 01:17:50,800

is really, really helpful.

1429

01:17:50,800 --> 01:17:51,840

They don't cost a lot of money

1430

01:17:51,840 --> 01:17:53,600

and they're really, really helpful.

1431

01:17:56,960 --> 01:17:58,160

- What if there's no sun

out and it's raining,

1432

01:17:58,160 --> 01:18:00,240

where do you get the solar from?

1433

01:18:00,240 --> 01:18:04,680

(participants chatting indistinctly)

1434

01:18:05,840 --> 01:18:08,040

- You get solar as much as you can.

1435

01:18:08,040 --> 01:18:10,520

Sometimes you can get some

charging on a cloudy day.

1436

01:18:10,520 --> 01:18:12,960

This is all as much as you possibly can.

1437

01:18:12,960 --> 01:18:17,680

I try to keep my solar charger

charged as much as possible

1438

01:18:17,680 --> 01:18:18,800

if I know a storm is coming.

1439

01:18:18,800 --> 01:18:19,920

So on the days beforehand,

1440

01:18:19,920 --> 01:18:21,640

that gives it a little

bit more of a charge.

1441

01:18:21,640 --> 01:18:23,720

Those are all really good questions.

1442

01:18:23,720 --> 01:18:25,880

Who asked those questions?

1443

01:18:25,880 --> 01:18:28,320

- Me Over here in the corner.

1444

01:18:28,320 --> 01:18:30,200

- And who are you, what's your name?

1445

01:18:30,200 --> 01:18:31,320

- Jessica.

1446

01:18:31,320 --> 01:18:34,920

- Jessica, you get a silver

Lamborghini, a miniature car.

1447

01:18:34,920 --> 01:18:39,240

(participants chatter indistinctly)

1448

01:18:40,640 --> 01:18:43,160

- Let's look at some resources, okay?

1449

01:18:43,160 --> 01:18:47,240

Okay, on slide 68 alerts,

1450

01:18:47,240 --> 01:18:50,840

how to opt in on a

wireless emergency alerts.

1451

01:18:50,840 --> 01:18:52,480

That's in a good article.

1452

01:18:52,480 --> 01:18:54,920

How to download the FEMA app is there.

1453

01:18:54,920 --> 01:18:57,000

How to download the Red Cross for iPhone

1454

01:18:57,000 --> 01:18:58,720

and Android is there.

1455

01:18:58,720 --> 01:19:01,880

Finding a shelter near you,

there's a link to that.

1456

01:19:01,880 --> 01:19:06,040

And you can text, "shelter"

and your zip code like 33901

1457

01:19:06,040 --> 01:19:08,880

and you'll get the nearest

zip code closest to you.

1458

01:19:08,880 --> 01:19:10,560

Also ready resources.

1459

01:19:10,560 --> 01:19:11,840

Next slide please, Shari.

1460

01:19:12,760 --> 01:19:15,040

We have the disability

and disaster hotline.

1461

01:19:15,040 --> 01:19:16,920

You can call us 24/7.

1462

01:19:16,920 --> 01:19:18,040

It's not a realtime hotline,

1463

01:19:18,040 --> 01:19:20,320

but you can leave us a message anytime.

1464

01:19:20,320 --> 01:19:24,600

You can call or text at 1-800-626-4959.

1465

01:19:26,960 --> 01:19:27,960

You have that there.

1466

01:19:27,960 --> 01:19:32,680

You can also email one word,

hotline@disasterstrategies.org.

1467

01:19:34,320 --> 01:19:36,560

And again, you have the link there.

1468

01:19:36,560 --> 01:19:38,720

We also have a link for

the American Red Cross

1469

01:19:38,720 --> 01:19:40,480

Central Florida region.

1470

01:19:40,480 --> 01:19:44,160

Your local 211, Southeast ADA center

1471

01:19:44,160 --> 01:19:46,480

if you wanna have any

information about legal stuff

1472

01:19:46,480 --> 01:19:47,760

from last week.

1473

01:19:47,760 --> 01:19:50,080

And then we have a list of disaster tips

1474

01:19:50,080 --> 01:19:51,920

that the partnership has put together

1475

01:19:52,760 --> 01:19:55,200

and that'll bring you

right to our website.

1476

01:19:55,200 --> 01:19:58,400

Okay, now I want to go to slide...

1477

01:20:00,200 --> 01:20:01,760

I'm getting to the slide number

1478

01:20:01,760 --> 01:20:03,720

and I'm going above the question.

1479

01:20:03,720 --> 01:20:07,560

I'm going to, hold on a second.

1480

01:20:07,560 --> 01:20:11,000

The slide where we talk about

what we did in Hurricane Ian.

1481

01:20:12,400 --> 01:20:14,440

What did you do to parent Hurricane Ian

1482

01:20:19,800 --> 01:20:22,440

and what worked, what didn't

work, what did you learn?

1483

01:20:27,080 --> 01:20:29,520

- All right, anybody, any takers here?

1484

01:20:29,520 --> 01:20:32,160

How did you prepare for Hurricane Ian?

1485

01:20:32,160 --> 01:20:34,520

(indistinct)

1486

01:20:34,520 --> 01:20:38,840

- (indistinct) pick up

the generator outside.

1487

01:20:40,520 --> 01:20:42,240

- Well I ran to Polacca.

1488

01:20:42,240 --> 01:20:43,040

- I'm sorry?

1489

01:20:43,040 --> 01:20:44,200

- Say that again please?

1490

01:20:44,200 --> 01:20:46,000

- You ran to Polacca?

1491

01:20:46,000 --> 01:20:49,280

I ran to Daytona and got

flooded on the second floor

1492

01:20:49,280 --> 01:20:50,560

of a home in (indistinct).

1493

01:20:51,840 --> 01:20:53,840

That didn't pan out so well.

1494

01:20:56,800 --> 01:20:59,640

- Someone said something,

went outside and a generator,

1495

01:20:59,640 --> 01:21:01,880

I didn't get that full answer.

1496

01:21:01,880 --> 01:21:03,920

- (indistinct) what did you

say about your generator?

1497

01:21:03,920 --> 01:21:07,520

- See because people like,

they kept going get sick

1498

01:21:07,520 --> 01:21:09,600

because people turn on lock.

1499

01:21:09,600 --> 01:21:11,960

- What did you do to prepare

before the Hurricane?

1500

01:21:11,960 --> 01:21:13,840

- Because I got my (indistinct).

1501

01:21:13,840 --> 01:21:14,880

- You had a generator?

1502

01:21:14,880 --> 01:21:15,680

- Yeah, yeah.

1503

01:21:15,680 --> 01:21:16,520

- Okay, good.

- I have one.

1504

01:21:16,520 --> 01:21:19,000

- Lauren was saying, making

sure that your generator

1505

01:21:19,000 --> 01:21:21,120

doesn't cause anybody to get sick

1506

01:21:21,120 --> 01:21:24,840

by making sure you understand

how to operate the generators

1507

01:21:24,840 --> 01:21:26,640

and not having them in your home.

1508

01:21:26,640 --> 01:21:29,880

- Keeping them far away from your windows.

1509

01:21:29,880 --> 01:21:30,720

- Shutters.

1510

01:21:30,720 --> 01:21:34,200

- Shutters, everybody was

putting shutters together.

1511

01:21:34,200 --> 01:21:37,400

So while we're talking about

that, this is a good time,

1512

01:21:37,400 --> 01:21:40,080

if you don't mind, Melissa,

for me to just share.

1513

01:21:41,000 --> 01:21:42,480

- Not at all, please feel free.

1514

01:21:42,480 --> 01:21:45,600

- Thank you, that a lot

of times in preparing

1515

01:21:45,600 --> 01:21:49,280

for a hurricane, you're having

to move a lot of equipment,

1516

01:21:49,280 --> 01:21:54,280

bringing your outside lawn

furniture in, your trash cans,

1517

01:21:54,400 --> 01:21:56,280

and all of those types of things.

1518

01:21:56,280 --> 01:21:58,000

So today as a giveaway,

1519

01:21:58,000 --> 01:22:01,640

we are going to give you

each a support back brace.

1520

01:22:01,640 --> 01:22:02,480

- Oh my God.

1521

01:22:02,480 --> 01:22:04,480

- So that as you are having to prepare,

1522

01:22:04,480 --> 01:22:07,160

and then in the aftermath,

1523

01:22:07,160 --> 01:22:10,200

there's still a lot of

heavy lifting to be done,

1524

01:22:10,200 --> 01:22:12,360

moving everything back into place.

1525

01:22:12,360 --> 01:22:15,360

Messing with these

hurricane shutters and such.

1526

01:22:15,360 --> 01:22:17,280

So today you will all be leaving

1527

01:22:17,280 --> 01:22:19,440

with one of these lovely back brace here

1528

01:22:19,440 --> 01:22:20,760

to support yourself.

1529

01:22:21,640 --> 01:22:25,560

- Thank you, God bless

you, I have a bad back.

1530

01:22:25,560 --> 01:22:26,640

- I do too.

1531

01:22:26,640 --> 01:22:28,720

- I could see you were eyeing those up,

1532

01:22:28,720 --> 01:22:31,200

so I'm glad to see that

they're going into good hands.

1533

01:22:31,200 --> 01:22:33,280

And then just to continue on,

1534

01:22:33,280 --> 01:22:37,880

even after the last training

with The Partnership next week,

1535

01:22:37,880 --> 01:22:40,800

the Center for Independent

Living is going to be continuing

1536

01:22:40,800 --> 01:22:42,960

to do workshops all throughout

1537

01:22:42,960 --> 01:22:44,800

the rest of the hurricane season.

1538

01:22:44,800 --> 01:22:47,040

And as you attend those workshops,

1539

01:22:47,040 --> 01:22:51,600

you will get items specific

for your to-go-bag.

1540

01:22:51,600 --> 01:22:54,400

So we're excited, you're

gonna be getting flash drives,

1541

01:22:54,400 --> 01:22:58,000

so you can go home and take

pictures of all of your things.

1542

01:22:58,000 --> 01:23:00,600

You'll be able to come back,

you'll have an inventory book

1543

01:23:00,600 --> 01:23:03,000

that you'll be able to

then take the pictures

1544

01:23:03,000 --> 01:23:05,240

and put that into your inventory book.

1545

01:23:05,240 --> 01:23:07,360

You're going to be given file folders

1546

01:23:07,360 --> 01:23:10,800

to keep those important papers

Melissa was speaking about,

1547

01:23:10,800 --> 01:23:13,160

and receipts after the hurricane.

1548

01:23:13,160 --> 01:23:16,120

A lot of people forget how

important keeping track

1549

01:23:16,120 --> 01:23:20,360

of your expenses are for

insurance purposes, right?

1550

01:23:20,360 --> 01:23:23,960

Battery chargers, a

variety of different items.

1551

01:23:23,960 --> 01:23:26,560

So we want you to be prepared.

1552

01:23:26,560 --> 01:23:28,360

We're going to encourage you to come each

1553

01:23:28,360 --> 01:23:30,480

and every month to the trainings.

1554

01:23:30,480 --> 01:23:34,200

And each month you will get

another item for your to go kit.

1555

01:23:34,200 --> 01:23:36,040

And so we're super excited to hopefully

1556

01:23:36,040 --> 01:23:40,520

have that pretty well

stocked for you by the time,

1557

01:23:40,520 --> 01:23:44,160

hopefully any real situation

that falls upon us.

1558

01:23:44,160 --> 01:23:45,720

- (indistinct)

1559

01:23:45,720 --> 01:23:47,600

- No, you keep those for now, all right?

1560

01:23:47,600 --> 01:23:48,440

- Okay.

1561

01:23:48,440 --> 01:23:51,600

- So Renee is giving you

actual fabulous prize,

1562

01:23:51,600 --> 01:23:53,080

real fabulous prizes.

1563

01:23:53,080 --> 01:23:54,120

- Lauren, go ahead.

1564

01:23:54,120 --> 01:23:56,120

- So the next week is hurricane season.

1565

01:23:56,120 --> 01:23:58,960

- Next week is official kickoff.

1566

01:23:58,960 --> 01:23:59,800

- Yeah.

1567

01:24:01,920 --> 01:24:02,800

- So Lauren is pointing out

1568

01:24:02,800 --> 01:24:05,680

that it's officially

going to be next week.

1569

01:24:05,680 --> 01:24:08,520

And so again, that's why

we wanted these trainings

1570

01:24:08,520 --> 01:24:11,840

in advance, and we will be

continuing them each month, okay?

1571

01:24:11,840 --> 01:24:15,440

- Although you can drop

my Lamborghini up here.

1572

01:24:17,720 --> 01:24:20,240

- It's miniature, it's a little tiny one.

1573

01:24:21,960 --> 01:24:23,840

They're all miniature.

1574

01:24:25,040 --> 01:24:29,000

- One thing guys, I'll

be teaching in class.

1575

01:24:29,000 --> 01:24:31,440

I've been teaching the last several years,

1576

01:24:31,440 --> 01:24:32,760

and this one's gonna

be a little different.

1577

01:24:32,760 --> 01:24:35,280

We're gonna do a section at a time.

1578

01:24:35,280 --> 01:24:38,560

Jason, Lauren, and a few

of my consumers are online,

1579

01:24:38,560 --> 01:24:39,960

are veterans.

1580

01:24:39,960 --> 01:24:42,000

One thing I do have on the front desk,

1581

01:24:43,080 --> 01:24:47,800

there's a sales tax holiday

throughout the summer.

1582

01:24:47,800 --> 01:24:50,640

They're different weeks, so

there's a flyer out there,

1583

01:24:50,640 --> 01:24:52,200

which items you can buy.

1584

01:24:52,200 --> 01:24:55,680

Be something like cat litter

or batteries, there's no tax.

1585

01:24:55,680 --> 01:24:59,880

So there's a flyer out on the

front desk, you can grab it.

1586

01:24:59,880 --> 01:25:01,880

- Is it like discounted or?

1587

01:25:01,880 --> 01:25:03,920

- Yes, well, you don't have to pay tax.

1588

01:25:03,920 --> 01:25:07,640

A lot of the things are everyday

items that you would buy,

1589

01:25:07,640 --> 01:25:10,840

but there's a schedule,

it's not all in one week.

1590

01:25:10,840 --> 01:25:12,760

It's kind of spread out, okay?

1591

01:25:12,760 --> 01:25:14,120

So that's out front.

1592

01:25:14,120 --> 01:25:16,000

I want you to grab the

flyers out there, okay?

1593

01:25:16,000 --> 01:25:18,600

- I may be getting a cat,

I don't know for sure.

1594

01:25:18,600 --> 01:25:19,400

- Okay.

1595

01:25:19,400 --> 01:25:21,560

- All right, we'll turn

it back to Ms. Melissa.

1596

01:25:21,560 --> 01:25:23,040

Thank you for letting us have

1597

01:25:23,040 --> 01:25:24,600

our little commercial break here.

1598

01:25:24,600 --> 01:25:25,800

- Oh, absolutely.

1599

01:25:25,800 --> 01:25:27,160

- The word from our sponsor.

1600

01:25:27,160 --> 01:25:28,360

- Now, does everyone have copies

1601

01:25:28,360 --> 01:25:29,880

of the personal preparedness checklist?

1602

01:25:29,880 --> 01:25:31,240

Renee, have you handed those out yet?

1603

01:25:31,240 --> 01:25:32,360

- They do, yes indeed.

1604

01:25:32,360 --> 01:25:35,000

- Okay, so what I would

suggest is you fill this out

1605

01:25:35,000 --> 01:25:37,080

as best you can and

maybe you work with them

1606

01:25:37,080 --> 01:25:38,440

in groups going forward.

1607

01:25:38,440 --> 01:25:39,720

You know, we're making sure everyone

1608

01:25:39,720 --> 01:25:41,640

has that personal preparedness list done.

1609

01:25:41,640 --> 01:25:42,800

Does that make sense, Renee?

1610

01:25:42,800 --> 01:25:43,880

- Absolutely.

1611

01:25:43,880 --> 01:25:44,800

- Okay, great.

1612

01:25:44,800 --> 01:25:47,160

And so, is there anything

anybody would've done

1613

01:25:47,160 --> 01:25:48,160

in Ian differently?

1614

01:25:48,160 --> 01:25:50,040

Someone said they did

something that didn't work,

1615

01:25:50,040 --> 01:25:52,560

what would you do differently in Ian,

1616

01:25:52,560 --> 01:25:53,920

having the experience of Ian?

1617

01:25:53,920 --> 01:25:55,160

- All right, I have somebody over here.

1618

01:25:55,160 --> 01:25:58,840

- Yeah, just real quick, with

the, of course the flooding

1619

01:25:58,840 --> 01:26:00,480

with Fort Myers Beach wiped out.

1620

01:26:00,480 --> 01:26:03,040

But in Cape Coley had a lot of flooding

1621

01:26:03,040 --> 01:26:08,040

and I have a hurricane kit

that is very extensive,

1622

01:26:08,040 --> 01:26:11,520

and I have no floatables.

1623

01:26:11,520 --> 01:26:15,880

And now with my disability, I can't swim.

1624

01:26:15,880 --> 01:26:20,200

And I thought, oh my

gosh, I am going to drown

1625

01:26:20,200 --> 01:26:22,920

and sink, and nobody's gonna find me.

1626

01:26:22,920 --> 01:26:26,280

So yes, I'm putting the little tubes,

1627

01:26:26,280 --> 01:26:29,160

floaties arm things all in that kit.

1628

01:26:30,640 --> 01:26:32,680

- A life preserver float.

1629

01:26:32,680 --> 01:26:36,600

- Float, inflatable boat

or something, anything.

1630

01:26:36,600 --> 01:26:38,440

- Life jacket vest.

1631

01:26:38,440 --> 01:26:41,360

- This is Melissa, I would

just suggest a life jacket

1632

01:26:44,600 --> 01:26:47,200

because the floaties can

get damaged really easily.

1633

01:26:47,200 --> 01:26:50,280

So I would just suggest a life jacket.

1634

01:26:50,280 --> 01:26:53,080

And that is a really, that

idea can save your life

1635

01:26:53,080 --> 01:26:54,720

and that of other people

listening to this.

1636

01:26:54,720 --> 01:26:56,400

So thank you so much

for that, that is a...

1637

01:26:56,400 --> 01:26:59,840

- What about the inflatable kayak stuff

1638

01:26:59,840 --> 01:27:01,160

and the inflatable boat.

1639

01:27:01,160 --> 01:27:03,960

- So keep in mind that

if there's flood waters,

1640

01:27:03,960 --> 01:27:06,000

there's probably all kinds of debris

1641

01:27:06,000 --> 01:27:08,840

that'll pop that real fast.

1642

01:27:08,840 --> 01:27:12,360

So you're gonna want something

that's a little bit sturdier,

1643

01:27:12,360 --> 01:27:13,680

which is what Melissa suggested

1644

01:27:13,680 --> 01:27:16,600

with regards to the life jacket.

1645

01:27:18,400 --> 01:27:20,080

- Yeah, you want a life preserver.

1646

01:27:20,080 --> 01:27:22,200

But that is a great and wonderful idea.

1647

01:27:22,200 --> 01:27:24,040

Thank you so much for that idea.

1648

01:27:24,040 --> 01:27:26,800

It's really, really, really important.

1649

01:27:26,800 --> 01:27:29,120

And my question for you all is,

1650

01:27:29,120 --> 01:27:31,600

what other questions do you have?

1651

01:27:31,600 --> 01:27:33,800

- I was gonna say one

good thing that I did,

1652

01:27:34,680 --> 01:27:36,680

aside from making ice a lot of ice

1653

01:27:36,680 --> 01:27:39,680

and getting a cooler ready, I

filled up different bottles,

1654

01:27:39,680 --> 01:27:42,920

like plastic bottles

and throw those as well.

1655

01:27:42,920 --> 01:27:44,120

- Oh, that's great.

1656

01:27:46,200 --> 01:27:49,080

- Another Floridian trick

is to fill your bathtub

1657

01:27:49,080 --> 01:27:51,880

with water, why do we do that?

1658

01:27:51,880 --> 01:27:53,400

- So you can flush the toilet.

1659

01:27:53,400 --> 01:27:54,800

- Flush the toilet.

1660

01:27:54,800 --> 01:27:55,960

- I used pool water.

1661

01:27:55,960 --> 01:27:57,880

- If you've used all your bath water,

1662

01:27:57,880 --> 01:28:00,560

what else can you use

to flush your toilet?

1663

01:28:00,560 --> 01:28:01,480

- Oh, rain catch.

1664

01:28:01,480 --> 01:28:02,400

- Rain catch.

1665

01:28:02,400 --> 01:28:03,240

- I use the pool.

1666

01:28:03,240 --> 01:28:04,920

- And the pool, yeah.

1667

01:28:04,920 --> 01:28:09,480

So there's a few Floridian

tricks up our sleeves

1668

01:28:09,480 --> 01:28:12,480

that we'll make sure that we

continue to share with you.

1669

01:28:12,480 --> 01:28:15,840

(participants chatter indistinctly)

1670

01:28:15,840 --> 01:28:19,280

- All these newbies from outta

state, we gotta train, right?

1671

01:28:19,280 --> 01:28:22,680

- In New England, we

fill our bathtubs too.

1672

01:28:22,680 --> 01:28:24,400

We do know how to do that

1673

01:28:24,400 --> 01:28:26,200

up here in Connecticut in Massachusetts.

1674

01:28:26,200 --> 01:28:28,320

- Get water from the

ditch if you got a bucket.

1675

01:28:28,320 --> 01:28:33,320

- One addition, I learned

last summer to use the washer

1676

01:28:34,600 --> 01:28:36,240

and fill that with ice.

1677

01:28:36,240 --> 01:28:40,560

So you have an extra ice container

1678

01:28:40,560 --> 01:28:42,800

and it keeps it very cool for a long time.

1679

01:28:42,800 --> 01:28:44,240

(participants chatter indistinctly)

1680

01:28:44,240 --> 01:28:45,240

- There you go, another neat trick.

1681

01:28:47,480 --> 01:28:50,880

- So, I thought that

was a pretty neat idea.

1682

01:28:50,880 --> 01:28:52,320

- That's a great idea, thank you all.

1683

01:28:52,320 --> 01:28:53,160

- It is.

1684

01:28:54,120 --> 01:28:56,960

- Shari, can you go to slide 70 please?

1685

01:28:56,960 --> 01:28:58,240

- Yes, I can.

1686

01:28:58,240 --> 01:29:00,560

- We talked about this, but

I just wanna let you know,

1687

01:29:00,560 --> 01:29:03,080

you all know that the

next training is next week

1688

01:29:03,080 --> 01:29:05,640

on May 30th, I can't

believe it's the end of May.

1689

01:29:05,640 --> 01:29:07,960

Same time as one Eastern time.

1690

01:29:07,960 --> 01:29:11,640

And it's gonna be the FEMA

individual assistance reforms.

1691

01:29:11,640 --> 01:29:12,880

And that's gonna be presented to you,

1692

01:29:12,880 --> 01:29:15,080

I believe by Germán and Shaylin.

1693

01:29:15,080 --> 01:29:18,720

And Priya Penner may

be presenting as well.

1694

01:29:18,720 --> 01:29:21,960

I will be there as an audience

member keeping my mouth shut

1695

01:29:21,960 --> 01:29:25,080

and my camera and my phone

off, believe it or not.

1696

01:29:25,080 --> 01:29:27,120

I will be there as an observer,

1697

01:29:27,120 --> 01:29:28,960

but I will be there hanging with you.

1698

01:29:28,960 --> 01:29:33,120

So, you won't see me, but

I will see you next week.

1699

01:29:33,120 --> 01:29:34,480

Any final thoughts?

1700

01:29:35,800 --> 01:29:37,080

This has been really fun.

1701

01:29:37,080 --> 01:29:38,720

You are a great group as always.

1702

01:29:38,720 --> 01:29:40,640

I really look forward

to seeing you next week.

1703

01:29:40,640 --> 01:29:42,520

This has been really, really wonderful.

1704

01:29:42,520 --> 01:29:45,160

You have my contact information, my email

1705

01:29:45,160 --> 01:29:47,880

and Shari's contact

information, her email,

1706

01:29:47,880 --> 01:29:51,600

as well as the disaster strategies email,

1707

01:29:51,600 --> 01:29:56,280

which is www.disasterstrategies.org,

our website rather.

1708

01:29:56,280 --> 01:29:57,880

And this slide says thank you

1709

01:29:57,880 --> 01:29:59,880

and has The Partnership logo on it.

1710

01:29:59,880 --> 01:30:02,920

So thank you so very much

and feel free to let us know

1711

01:30:02,920 --> 01:30:05,000

if you have any questions or any feedback.

1712

01:30:05,000 --> 01:30:07,960

So thank you very, very much

and we appreciate your time.

1713

01:30:07,960 --> 01:30:10,400

- Let's give them a round

of applause, thank you.

1714

01:30:10,400 --> 01:30:13,560

- Oh, for you applauding,

we're applauding for you.

1715

01:30:13,560 --> 01:30:15,640

And thank you very much to

the interpreters as well.

1716

01:30:15,640 --> 01:30:17,160

- Indeed, thank you all.

- See you next week.

1717

01:30:17,160 --> 01:30:18,000

- Thank you all.

1718

01:30:19,040 --> 01:30:19,920

- We appreciate you all.

1719

01:30:19,920 --> 01:30:22,200

Thank you, have a great

rest of your day, bye-bye.

1720

01:30:22,200 --> 01:30:25,200

Weekends coming out there,

tomorrow is Friday, bye-bye.