

# Protecting the Rights and Independence of People with Disabilities

www.disasterstrategies.org

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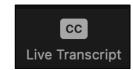
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# Welcome and About Us

#### Who We Are: The Partnership

The Partnership for Inclusive Disaster Strategies is the only U.S. disability-led organization with a focused mission on equity for people with disabilities and people with access and functional needs throughout all planning, programs, services and procedures before, during and after disasters and emergencies.



#### Thank you to our sponsor, RRCI!





#### **Ground Rules**

- Safe space
- Ask questions
- Have fun!!!



#### **Today's Goals**

#### For you to understand:

- Why it is important to prepare for disasters
- Civil rights in disasters
- Ways to prepare for disasters and emergencies using the Disaster Preparedness Plan for People with Disabilities
- Your preparedness responsibilities
- Some disaster resources



# Happy First Day of National Preparedness Month!

#### **Disasters are Increasing**

"Disasters are on the rise across the globe due to climate change. This warming trend amplifies the impacts of Utah's natural hazards... [Higher] temperatures lead to drought, increased wildfire risk, and flooding from extreme p

- <u>Utah Public Safety Department</u>

"Extreme heat kills more people per year than any other weather event."

National Weather Service



#### **Disproportionate Impact**

"People with disabilities are 2-to-4 times more likely to die or be injured in a disaster than non-disabled people."

- <u>United Nations</u>

"During Hurricane Katrina, Black people were 1.7 to 4 times more likely to die than white people."

- <u>"Disparity in disaster preparedness between racial/ethnic groups"</u>

#### **Know Your Risks: Utah Disasters**

#### **Includes:**

- Extreme heat
- Drought
- Wildfires
- Flooding

- Winter storms
- Tornadoes
- Earthquakes
- Landslides



### **Questions?**

## **Civil Rights in Disasters**

# Disability Rights Are Civil Rights!

#### **Questions for You**

How familiar are you with the

- Americans with Disabilities Act
- Section 504 of the Rehabilitation Act

It is okay if you don't know about them yet.



#### **Civil Rights in Disasters**

You have the same rights you did before the disaster.



# **Civil Rights Laws that Protect Disabled People**

The Americans with Disabilities Act (ADA)

Section 504 of the Rehabilitation Act of 1973 (Rehab Act)



#### **Civil Rights Laws and Court Decisions**

**Americans with Disabilities Act (ADA)** 

Protects the rights of people with disabilities including during disasters



#### **Civil Rights Laws and Court Decisions**

## Rehabilitation Act of 1973 (Rehab Act) Section 504

Creates the obligation not to discriminate against people with disabilities for recipients and subrecipients of federal funds



## Overarching Goals of the ADA and Section 504

The goal of the ADA and Section 504 of the Rehab Act is to create a level playing field for people with disabilities through:

- Integration
- Full participation
- Equal opportunity

They don't give us "extra" benefits.



#### Who Has a Disability?

Under the ADA and the Section 504 of the Rehab Act people with disabilities are individuals with a:

- Physical or mental impairment that substantially limits one or more major life activities
- Record of having such impairment
- Regarded as having an impairment



### **Questions?**

## **ADA Obligations to Disabled People** in Disasters

#### Sections of the ADA:

- **Title I:** Employment
- Title II: <u>State and Local Government Entities</u>
- Title III: <u>Places of Public Accommodation</u>
- **Title IV:** Telecommunications
- Title V: Miscellaneous



Today, we are just discussing Tiles II and III.

#### **Section 504 of the Rehabilitation Act**

Prohibits discrimination on the basis of disability by recipients and sub-recipients of federal funds.

This means that if any city, town, state, organization or business gets any federal money, it can't discriminate on the basis of disability.

Obligations are nearly identical to Title II of the ADA.



Disaster-related programs and services must not discriminate against people with disabilities.

#### Include:

- Planning meetings
- Exercises
- Emergency alerts and notifications
- Transportation
- Shelters
- Disaster Recovery Centers



- Must not discriminate against disabled people
- Must provide equally effective communication to people with communication disabilities
- Must be physically accessible

The government is responsible for upholding these obligations.



- Must allow people with disabilities to participate in programs and services
- Cannot charge people with disabilities more to participate
- Must make reasonable modifications to policies or practices when necessary



Examples of modifications to policies and procedures:

- Providing a specific diet to someone who requires it because of their disability
- Allowing services animals into shelters, disaster recovery centers and other programs



Equally effective communication means public entities must communicate with people with disabilities in ways that are as effective as communications with people that do not have disabilities.

Disaster-related programs and services must provide equally effective communication to people with **visual**, **hearing** and **speech disabilities**.



## Examples of accommodations for people who are <u>Deaf or Hard</u> <u>of Hearing</u>:

- American Sign Language interpreters
- Tactile interpreters
- Oral interpreters
- Video Remote Interpreting (VRI)

- Communication Access Realtime Translation (CART)
- Assistive listening system
- Using a microphone



#### Examples of accommodations for people with speech disabilities:

- A disabled person using a communication board or speech synthesizer
- Allowing for extra time
- Pen and paper
- Using a screen



#### Examples of accommodations for people with <u>visual disabilities</u>:

- Large print
- Readers
- Screen reader-compatible electronic material
- Braille



## **Questions?**

# Institutionalization During and After Disasters

# Disabled People End Up in Institutions During Disasters

When people go to nursing facilities and other institutions, they:

- Lose their independence
- Lose their social networks, jobs, and homes
- Get lost
- Get sick
- Die



# Right Not to Go to a Nursing Facility

Disabled people have the right under the ADA through the **Olmstead** Supreme Court decision to get services in "the most integrated setting appropriate to their needs."

This means that you have the right not to go to a nursing facility if you don't want to go there.



# **Tips to Stay Out of a Nursing Facility**

- Know your rights. You have the right not to go into a facility if you don't want.
- If you go to a shelter, don't separate from loved ones.
- Keep a contact list of friends, family and advocates with you.
- Have a plan for non-institutional places you can evacuate to in a disaster.
- Don't go to a hospital unless you have a medical need to be there.



# **Disability Rights During Disasters Review**

# **Disability Rights in Disasters: Review**

Whenever disaster-related programs and services are provided to the general public, they must be accessible to and inclusive of people with disabilities.

- Shelters cannot deny you entry because you're disabled.
- You have the right to enter shelters that are physically accessible and ADA compliant.
- You have the right to equally effective communication.
  - ASL interpreters, large print, braille, assistive technology



# **Disability Rights in Disasters: Review**

- You have the right to request reasonable modifications of policies or practices.
- You have the right to bring your service animal with you in a shelter, disaster recovery center, or other public places providing disaster-related programs and services.
- You have the right not to go into a facility if you don't want.

**Disability Rights are NEVER suspended in Disasters!** 



# **Questions?**

# What to do to be ready

- ✓ Know your risks
- √ Know your rights

- Stay informed
- → Make a plan

# **Emergency Alerts**

#### **Types**



News broadcast



Radio



Social media



911register.com





Fire alarm and carbon monoxide detector

#### Make a Plan

Plans start with having conversations



Family



Friends



Support Network



Place of worship



Coworkers

#### **About**



Sheltering-in-place



Evacuation plans



#### Make a Plan

#### **Shelter-in-place:**



Chemical spill





Dirty bomb \* Snowstorm

#### **Evacuate:**



Wildfire



Earthquake



Building fire



# **Building Your Emergency Kit**

- ✓ Water (one gallon per person per day for at least three days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food) and manual can opener
- ✓ First aid kit
- Masks

- ✓ Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlights and extra batteries
- ✓ Plastic sheeting and duct tape
- ✓ Chargers

- Moist towelettes, garbage bags and plastic ties
- Wrench or pliers (to turn off utilities)
- ✓ Local maps
- ✓ Whistle



## **Important documents**

Keep important documents in waterproof bag and saved electronically.

- List of emergency contacts
- House deed, mortgage, or lease
- Health insurance and primary doctor information
- Birth certificate and social security card (if applicable)
- Prescription medication details
- Dietary requirements
- Information on your customized equipment



# **Disability Preparedness**

- Think about your equipment
  - Wheelchair, walker, white cane, hearing aids, speech device, breathing machines
- Think through what needs power to function?

#### What other supplies do you need to maintain your independence?

Urinary and/or bowel supplies, wound care supplies, gloves, wipes

# **Disability Preparedness**

What are your communication needs?

 ASL, using a communication device, plain language, large print, braille, etc.

What is your communication plan if you are unable to communicate during a disaster?

Communication board, support network, paper and pen

How will you communicate with your support network?



# **Building Your Emergency Kit**

- Build your kit to meet your needs
- Prepare a go bag to survive at least 3 days
- Prepare a 2-week shelter-in-place kit

#### Important reminders:

- Check on and update your supplies (as need) <u>every six</u> <u>months</u>
- Keep your kit in a cool, dry place, out of direct sunlight



# **Questions?**

#### **Evacuations**

#### From home

- Your Go Bag
- Easy to grab
- Add: power equipment chargers, consumable medical supplies, communication device, fidget devices

#### Places you go often

- Accessible egress
  - Evacuation instructions



#### **Evacuations**

Where will you go?

• Family, friends, neighbor, shelter, place of worship

How will you evacuate?

Car, friends, family, public bus, paratransit service



# **Shelter-in-place: Tips**

- Stay informed and wait for officials to declare it is safe to go out
- Keep doors and windows closed, cover air vents and fireplace openings
- Keep fans, air conditioning and forced air heating systems OFF
- Go into the center-most room with as least windows as possible
- With the plastic sheeting and duct tape, seal doors, windows and air vents

What are some places you go often?
What do their shelter-in-place plans look like?



# **Question for You**

What other things are you considering for your emergency kits?

# Things to Think About as You Plan

- ✓ How will I know about a disaster or emergency
- ✓ What is my plan for sheltering
- ✓ What is my plan for evacuating
- ✓ What is my plan if power is out for an extended period of time
- ✓ Who is a part of my support network
- √ What is my communication plan
- ✓ Do I have what I need



# **Questions?**

# **Create a Culture of Preparedness**

- Know that a disaster can happen at any time
- Update your plan regularly
- Make preparedness a part of your routine





What do you do if disaster shelter staff tells you that you can't come into a shelter and must instead go to a hospital because you use a wheelchair?

What do you do if a disaster shelter provides Video Remote Interpreting and you prefer a live American Sign Language Interpreter?

What do you do if you are blind and a disaster recovery center does not have electronic or print material in accessible format?

# **Questions?**

# Your Preparedness Responsibilities

## **Your Responsibilities in Disasters**

Even though first responders, emergency management and others may assist you, ultimately YOU are responsible for your safety.



## **Your Responsibilities in Disasters**

Your responsibilities include

- Knowing your rights- the first step to preparedness
- Knowing your risks and staying informed
- Making a plan
- Carrying out your plan



# **Questions?**

# Disaster Preparedness Plan for People with Disabilities

#### **Overview**

- ✓ Disability Rights in Disasters
- ✓ Staying Informed Resources
- ✓ Emergency Kit Checklist
- ✓ Disability-related Preparedness Checklist
- ✓ Your Planning Guide



#### My Emergency Kit

Complete change of clothing appropriate for your climate and sturdy shoes							
Fire extinguisher		Matches in a waterproof container					
Period hygiene supplies		Personal hygiene items					
Paper cups, plates, paper to	owels	and plastic utensils					
Paper and pencil, pen, and	or ma	rker					
Books, games, puzzles, fido	get de	vices, or other stimulating or distracting					

Know escape routes and places where disaster services Build are provided. In a fire your kit or other emergency, to meet you may have Keep your kit your needs. to suddenly in a cool, dry place, evacuate. out of direct sunlight. Prepare Check on a go bag to and update survive at your supplies least 3 days. Prepare (as needed) a 2-week every 6 months shelter-in-place kit



#### My Disability Preparedness

Wha	t equipment do	I use?			
	Wheelchair or s	cooter		Speech device	
	Walker			White cane	
	Hearing aids			Commode chair	
	Hoyer lift				
	Breathing mach	ine (ventilator, resp	irato	r)	
	Oxygen, suction	n, or home dialysis	equip	ment	
	Write in other				
Wha	t equipment nee	eds power to func	tion?	•	
	Wheelchair or s	cooter		Hearing aids (batt	teries)
	Speech device			Hoyer lift	
	Breathing mach	ine (ventilator, resp	irato	r)	
	Medicine that n	eeds to be kept refr	igera	ited (i.e. insulin)	
	Write in other				
Wha	t other supplies	do I use?			
	Urinary and/or b	powel supplies		Gloves and wipes	;
	Adult diapers			Wound care supp	lies
	Bed pads (CHU	IX)			
	Write in other				



#### My Emergency Plan

My plan if power is out for an extended period of time							
Му с	ommunica	ation plar	n (suppo	rt networl	k and con	itact infor	mation)





# Thank you!

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#### Resources

- Local alerts: <u>www.911register.com</u>
- Download the <u>FEMA App</u>
- Finding a <u>shelter near you</u>
  - Text SHELTER and your ZIP Code to 43362 (Example Text: "Shelter 84770")
  - Call Red Cross 1-800-733-2767
- Ready Resources
- Poison control
  - o Call 1-800-222-1222



#### Resources

- The Partnership for Inclusive Disaster Strategies
  - Disability & Disaster Hotline:
    - Call / Text: +1 (800) 626-4959
    - Email: hotline@disasterstrategies.org
- Utah VOAD
- Red Cross UT
- 211 / United Way
- Rocky Mountain ADA Center
- Disability Law Center

