THE PARTNERSHIP
FOR INCLUSIVE DISASTER STRATEGIES

Resources / What To Do if You Experience Side Effects as a Disabled Person

Everyone who wants a vaccine should get one! COVID-19 vaccines are safe and effective.

If you are one of the very few people who do get COVID-19 after getting the vaccine, you have much less chance of:
- Getting very sick
- Going to the hospital

The vaccine can have side effects for many people. You may experience no side effects or you may experience side effects for a few days. If you have a two injection vaccine, you may experience side effects after one, both, or neither of the injections.

These side effects could include:
- Tiredness
- Sore arm
- Swelling

- Fever
- Headache
- Nausea

"Side effects after your second shot may be more intense than the ones you experienced after your first shot. These side effects are normal signs that your body is building protection and should go away within a few days.

When to Call the Doctor

In most cases, discomfort from pain or fever is a normal sign that your body is building protection. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot gets worse after 24 hours.
- If your side effects are worrying you or do not seem to be going away after a few days.
- If you have a spinal cord injury and have symptoms of autonomic dysreflexia.

If you get a COVID-19 vaccine and you think you might be having a severe allergic reaction after leaving the vaccination site, seek immediate medical care by calling 911. Learn more about COVID-19 vaccines and rare severe allergic reactions."

www.disasterstrategies.org
112 N. 8th Street, Suite 600
Philadelphia PA 19107

Disaster Hotline: (800) 626-4959
info@disasterstrategies.org
Twitter: @distasterstrat
© 2021 The Partnership for Inclusive Disaster Strategies