



# THE PARTNERSHIP

## FOR INCLUSIVE DISASTER STRATEGIES

### Community Resilience Initiative - Continuing IL Work During a Pandemic Consumer Fact Sheet

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**Civil rights are never suspended during disasters, including during the COVID-19 pandemic**

**Even though CILs may be closed they are still providing all of their services remotely!**

Things may operate a little differently but **CILs are still providing:**

- Information and referral
- Independent living skills training
- Advocacy
- Peer mentoring and support

And for CILs that did this before the pandemic:

- Youth transition support
- Transition/diversion support out of nursing facilities and/or homeless shelters

#### **Stay safe:**

- Stay alert
- Maintain social distance (at least 6 feet apart)
- Wear masks, unless you can't because of your disability
- If you can't wear a mask, take other precautions (e.g. face shields, self-isolation)
- Sanitize!

#### **Information & Referral - Call your local CIL if:**

- You want to know more about being a consumer or getting involved
- You have a question about your services
- You have a question about potential resources available to you during the pandemic
- You have a question about mutual aid resources
- You need any information or resources to help maintain independence

**Modifying Independent Living Plans (ILPs):** consider modifying your goals to match current obstacles and barriers to living independently during the COVID-19 pandemic

- Financial literacy
- Travel during the pandemic

[www.disasterstrategies.org](http://www.disasterstrategies.org)

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- Getting basic supplies including personal protective equipment (PPE) during a pandemic
- Personal assistance management, extra back-ups, & planning during a pandemic
- Employment skills/ requesting reasonable accommodations
- Getting familiar with virtual platforms (Zoom, Microsoft teams, Google Meets, Skype)
- Skills training on web-based support using computer/smart devices,
- Skills training on web-based support using google docs, email, social media

### **Peer mentorship and support:**

Gather Together Virtually!

- Social/peer support calls
- Interactive recreational gatherings

### **Advocacy:**

- Know your rights!
- If you believe you are being discriminated against, you can contact your CIL, Disability Law Colorado at 1-800-288-1376, or Colorado Cross-Disability Coalition at 1-303-839-1775.

### **Resources:**

- Colorado Crisis Services:
  - Call: 1 (844) 493-8255
  - Text "TALK" to 38255
- Domestic violence line:
  - Call: 1 (800) 799-7233
  - TTY: 1 (800) 787-3224
- The Partnership Disability & Disaster Hotline: 1-800-626-4959 or [info@disasterstrategies.org](mailto:info@disasterstrategies.org)

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